

**Royal Hospital for Children & Young People, Edinburgh
Advanced Dietetic Practitioner
Edinburgh Ketogenic Diet for Bipolar Disorder Pilot Study
0.6 WTE Temp (12 Months)**

The Royal Hospital for Children & Young People, Edinburgh (RHCYP) is a tertiary teaching hospital, providing services to Lothian and across Scotland. The Department of Dietetics supports all clinical specialities, including local, regional and national services.

An exciting opportunity has arisen for an experienced dietitian to work as part of a multidisciplinary, interagency research group, conducting a feasibility study of the ketogenic diet as a new treatment for bipolar disorder.

The post will be responsible for selecting an appropriate ketogenic diet formulation that is suitable for this study population and developing support materials to assist patients in adopting this diet. They will develop and implement a means of monitoring adherence to and adverse effects associated with this diet.

They will liaise with other groups internationally who have experience in administering the KD with this patient group, and will contribute to dissemination, knowledge exchange and public engagement activities as part of the research team.

We are strongly committed to training and support for CPD and clinical governance, with annual appraisals, peer support and training opportunities to further develop your specialist clinical skills. You would be welcomed by a friendly and supportive team of 33 dietitians and support staff.

For any enquires please call Cheryl Fisher, Senior Ketogenic Dietitian on or Michael McLean, Lead Dietitian, RHCYP on 0787 241 5411, or email mike.mclean@nhslothian.scot.nhs.uk