**NHS LOTHIAN**

**Post: Arts Therapist (Entry Level)**

**ARTSS THERAPIST**

**PERSON SPECIFICATION**

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| Criteria | Essential | Desirable |
| Qualifications & TrainingLevel of education, professional qualifications, training and learning programmes/courses. | MA, MSc or equivalent Art Therapy qualification recognised by the Health and Care Professions Council (HCPC)Registration with the Health and Care Professions Council (HCPC) | Registration with Professional Body (BAAT, BAMT, BADtH)Mentalisation Based Therapy –Skills trainingAdult Protection & Safeguarding training – Level 1 (min) |
| Experience and KnowledgeType of experience, level at which experience gained. Depth and extent of knowledge. | Experience of working within mental health services.Experience of assessing, formulating and delivering Arts Therapies (Art Therapy) interventions for clients with complex needsAn ability to draw on knowledge of the needs of adults in relation to their physical, social, cognitive and emotional developmentExperience of multi-disciplinary team working with the ability to be a team player and to work across a specialist team flexibly and effectivelyExperience of working in emotionally challenging and distressing situations under pressureExperience of individual and group workHave an awareness of risk factors, risk management and de-escalation techniques when working with Service User’s who have serious mental health difficultiesWorking knowledge of Clinical Governance and its applicationUnderstands core principles of General Data Protection Regulation (GDPR) | Experience of working with families, carers and broader professional networksExperience of use of outcome measures or evaluation toolsHave awareness of evidence based manualised psychological interventions which can be effective for adults with mental health difficulties |
| Skills/AbilitiesRange and level of skills, i.e. communication (oral, written, presentation), planning/ organisation, numeracy, leadership etc. | Ability to think and work creatively in order to meet the diverse needs of people needing to access Mental Health services. This includes the ability to adapt and modify therapy techniques for service users, including use of non-verbal communications and adhering to the principle of person-centred care.Ability to apply specialist skills in individual and group based Arts Therapies (Art Therapy) assessments and interventions which meet patients and staff needsAbility to work with clinical teams and as an autonomous clinical practitionerIT skills: word processing, email, Internet, spreadsheets, electronic patient records.Highly attuned observational and interaction skills.Good organisational and time management skills.Good communication skills, verbal, non-verbal and written.Ability to use initiative and to be flexible within different working environments. | Ability to reflect on work with regular supervision and monitor progress or blocks in therapyAbility to work autonomously as sole art psychotherapy practitioner across multiple clinical teamsAbility to support and engage in research and audits for ongoing service improvementAbility to provide assessment and consultation to MDT which contribute to the global understanding of a service user’s needs Ability to regularly review and evaluate the therapy including, assessing client progress, planning and managing therapeutic breaks and endings, levels of risk, as part of the Care Plan Approach (CPA) process |
| Specific Job RequirementsEnvironmental conditions, unsociable hours, car driver etc. | Ability to work in an emotionally challenging setting where service users may experience intense emotional and psychological distress and may also respond to emotional distress through use of physical aggression, towards themselves or othersAbility to adapt interventions according to client need, for example working in inpatient settings  |  |

**If you do not meet the essential criteria as detailed above then please do not apply for this post as you will not be short-listed**