**NHS LOTHIAN**

**Post: Arts Therapist (Entry Level)**

**ARTSS THERAPIST**

**PERSON SPECIFICATION**

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| Criteria | Essential | Desirable |
| Qualifications & Training  Level of education, professional qualifications, training and learning programmes/courses. | MA, MSc or equivalent Art Therapy qualification recognised by the Health and Care Professions Council (HCPC)  Registration with the Health and Care Professions Council (HCPC) | Registration with Professional Body (BAAT, BAMT, BADtH)  Mentalisation Based Therapy –Skills training  Adult Protection & Safeguarding training – Level 1 (min) |
| Experience and Knowledge  Type of experience, level at which experience gained. Depth and extent of knowledge. | Experience of working within mental health services.  Experience of assessing, formulating and delivering Arts Therapies (Art Therapy) interventions for clients with complex needs  An ability to draw on knowledge of the needs of adults in relation to their physical, social, cognitive and emotional development  Experience of multi-disciplinary team working with the ability to be a team player and to work across a specialist team flexibly and effectively  Experience of working in emotionally challenging and distressing situations under pressure  Experience of individual and group work  Have an awareness of risk factors, risk management and de-escalation techniques when working with Service User’s who have serious mental health difficulties  Working knowledge of Clinical Governance and its application  Understands core principles of General Data Protection Regulation (GDPR) | Experience of working with families, carers and broader professional networks  Experience of use of outcome measures or evaluation tools  Have awareness of evidence based manualised psychological interventions which can be effective for adults with mental health difficulties |
| Skills/Abilities  Range and level of skills, i.e. communication (oral, written, presentation), planning/ organisation, numeracy, leadership etc. | Ability to think and work creatively in order to meet the diverse needs of people needing to access Mental Health services. This includes the ability to adapt and modify therapy techniques for service users, including use of non-verbal communications and adhering to the principle of person-centred care.  Ability to apply specialist skills in individual and group based Arts Therapies (Art Therapy) assessments and interventions which meet patients and staff needs  Ability to work with clinical teams and as an autonomous clinical practitioner  IT skills: word processing, email, Internet, spreadsheets, electronic patient records.  Highly attuned observational and interaction skills.  Good organisational and time management skills.  Good communication skills, verbal, non-verbal and written.  Ability to use initiative and to be flexible within different working environments. | Ability to reflect on work with regular supervision and monitor progress or blocks in therapy  Ability to work autonomously as sole art psychotherapy practitioner across multiple clinical teams  Ability to support and engage in research and audits for ongoing service improvement  Ability to provide assessment and consultation to MDT which contribute to the global understanding of a service user’s needs  Ability to regularly review and evaluate the therapy including, assessing client progress, planning and managing therapeutic breaks and endings, levels of risk, as part of the Care Plan Approach (CPA) process |
| Specific Job Requirements  Environmental conditions, unsociable hours, car driver etc. | Ability to work in an emotionally challenging setting where service users may experience intense emotional and psychological distress and may also respond to emotional distress through use of physical aggression, towards themselves or others  Ability to adapt interventions according to client need, for example working in inpatient settings |  |

**If you do not meet the essential criteria as detailed above then please do not apply for this post as you will not be short-listed**