# Personal Statement

The personal statement is your opportunity to provide details that will help the shortlisting and interview panels assess your suitability for this post and to study pre-registration nursing. Advice on how to construct a personal statement is available on the UCAS website at [https://www.ucas.com](#)

Pay attention to the following sections:

* What to write about
* How to write it
* Personal statement dos and don’ts

In relation to the areas identified in the UCAS guidance, you must include information about:

1. Why you wish to study pre-registration nursing with The Open University
2. Why you wish to study adult nursing
3. What you hope to do when you qualify as a registered nurse
4. What skills or experience you have that will help you meet the academic demands of the nursing programme
5. What skills or experience you have that will help you meet the practice elements of your role and the practice placements of the nursing programme
6. How your personal/work experiences have influenced the skills and qualities you have that you feel are important for nursing
7. An interest, activity or experience that demonstrates why you are a fitting candidate for the programme

Ensure your personal statement addresses each of the seven elements above. Each one is scored separately therefore if you miss an element, you will receive no marks for it.

You must type your personal statement. Your work should be between 600 and 650 words long (it should not exceed 4000 characters including spaces).

At the end of your statement add the following: I confirm that the work presented is my own work.

# Discussion Task

The Nursing and Midwifery Code (NMC) requires nurses to always uphold the reputation of the nursing profession. This means showing a personal commitment to the NMC standards of practice and behaviours as set out in The Code. (NMC 2018)

**Compose a 250-word discussion where you ‘Identify ways in which you demonstrate commitment in a current role and explain how your commitment is essential to improving the support for and experience of others.’**

The discussion must be your own work, should take account of your personal thoughts on the topic Make sure that you do not breach confidentiality: do not use the names of people or organisations.

**When complete, please email the statement to** [**genericrecruitment@nhslothian.scot.nhs.uk**](#) **noting the vacancy title (Trainee Adult Nurse (Community Hospitals) in the subject of the email.**