

**NHS Lothian  
Edinburgh Health and Social Care Partnership  
Thrive Welcome Team**

**Band 6 Mental Health Nurse - (Permanent)**

**South East Edinburgh 2 x 37.5 hrs Base: Ballenden House**

**Requests for Part-time hours will be considered**

Edinburgh City Health and Social Care Partnership (HSCP) is undergoing a period of transformative change to improve access to mental health and wellbeing support for people. We are looking to welcome enthusiastic registered Mental Health Nurses with a keen interest in adult mental health and working in the community into our Thrive Welcome Teams across Edinburgh city.

There is a multi-disciplinary and interagency approach. The teams have been co-designed to deliver accessible, short-term, mental health interventions; working with adults aged 18-64 in Edinburgh. People engage with the teams for a variety of reasons such as acute mental health distress and self-harm, anxiety, depression. Challenges and strengths may include employment status, housing situations, community connectedness or social isolation. Individuals are assisted to build their own self-agency and are linked, where suitable, to services in the wider community. The team use the Thrive model and utilise approaches that are asset based; solution focused and use motivational interviewing delivered in a trauma aware and trauma skilled way.

The nursing role has a particular focus on utilising professional skills to support risk assessment /management and responses as well as liaising with wider mental health service colleagues where appropriate. Nurses will be utilising evidence based psycho-education, skills courses. Person-centred assessment, proactive interventions, self-management strategies and supports to enable people to manage their mental health and well-being.

**Not sure if it is a good job fit for you?**

**You would be suited to this job...** if you can work smartly with people to help them establish goals and identify how Nursing, the wider team, local community and commissioned services can assist.

**You would love this job...**if you're committed to work as part of a wonderfully, diverse team assisting and developing general service delivery whilst retaining your professional identity and unique contribution.

**You would excel in this post...**if you are positive, practical, hopeful and solution-focused in your approach, keen to work alongside people with a belief in their self-agency.

The service is committed to continuing professional development, supervision and student education. There is a wide range of training and development opportunities, as well as regular city-wide learning and reflection between the four Thrive Welcome Teams. If you would like to learn more, please contact either:

Joanne Collingwood SE Thrive welcome team;  
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