

NHS Lothian Learning Disabilities Service

Band 6 Specialist Occupational Therapist – Inpatient and Intermediate Service - Mental Health Focus

This is an exciting opportunity to join the Occupational Therapy team within the Adult Learning Disabilities Service. We welcome applications from enthusiastic, motivated and hard-working individuals to join our team who are committed to developing themselves, staff and the mental health service within Learning Disabilities.

The posts will be based within inpatient and intermediate tier services and will have a mental health focus. Primarily based within the William Fraser Centre in the Royal Edinburgh Hospital and our Mental Health Intensive Support and Treatment Team (MHIST). This role seeks to provide proactive support and intervention to adults with a learning disability who are experiencing the need for mental health support. The MHIST service provides intensive support in the community to prevent hospital admission and facilitates quick and effective discharge. While the William Fraser Centre is our inpatient unit providing mental health and forensic services to adults with a Learning Disability who cannot access mainstream wards.

Assessment and intervention, includes standardised OT assessment (including MOHO), and assessments informed by complimentary theoretical frameworks e.g. Sensory Integration, Positive Behaviour Support, and the Recovery Model. Intervention promotes occupational performance and can include activities of daily living, domestic skills, work skills and engagement in activity and the community. At times it can also include working with Community Learning Disability OT on recommendations for equipment and adaptation of properties and well as training and support for patients, care staff teams and families.

OT's in our service work closely with MDT colleagues, including social work, Speech and Language Therapy, Nursing, Psychology and Psychiatry to provide effective joined up assessment and intervention. Additionally, the post holder will work with the Head OT and the OT colleagues on our Quality Improvement and Service Development agenda, reviewing OT service delivery within the inpatient and intermediate tier services.

Professional supervision, training and development are integral to the service. You must have a Degree in Occupational Therapy and be registered with HCPC as an Occupational Therapist. We welcome applicants who have skills that can be transferred into Learning Disabilities, and you will be supported to develop your skills and confidence within this speciality.

For further information about the role click on the links at the bottom of the screen to the job description and person specification. If after reading this information you have any questions, please contact Rachel Fleming on 0131 446 4471 or email Rachel.Fleming@nhslothian.scot.nhs.uk