

# JOB DESCRIPTION

## 1. JOB IDENTIFICATION

Job Title:	<b>Community Mental Health Nurse (Band 6)</b>
Responsible to (insert job title):	Nurse Team Leader
Department(s):	Edinburgh Intensive Home Treatment Team
Directorate:	REAS
Operating Division:	
Job Reference:	<b>159292</b>
No of Job Holders:	10

## 2. JOB PURPOSE

To undertake the role of the Community Mental Health Nurse utilising specialist clinical knowledge to inform decision making and clinical judgment from initial assessment through to discharge. To provide specialist advice to the multidisciplinary team in relation to the management of patient conditions through the assessment, treatment and review planning process in partnership with the patient/carer.

Provide specialist advice to healthcare professionals, other agencies, carers, clients and relatives.

Support the development of the service to improve practice and work collaboratively across healthcare boundaries, implementing and evaluating evidence based standards, guidelines and policies.

To provide teaching and supervision to junior staff and students.

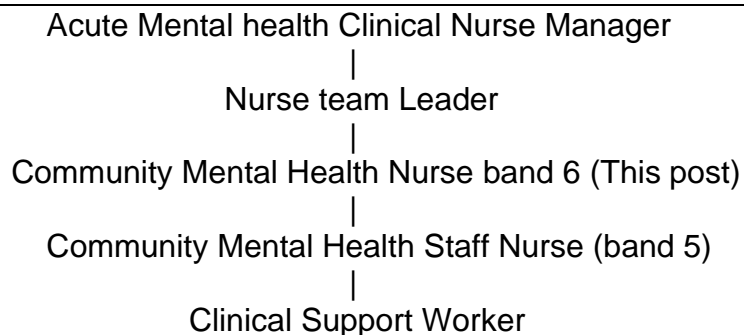
## 3. DIMENSIONS

IHTT provides an alternative to Mental Health Admission for people who live in Edinburgh. Edinburghs population as of 2023 is 553,000. We receive referrals primarily from the 4 Community Mental Health Hubs, Psychological Medicine, the REB Inpatient service and from our colleagues in the Mental Health Assessment Service.

As a band 6 CMHN in IHTT you will be expected to coordinate shifts, manage a corporate caseload, take triages of new referrals and complete mental health assessments as well as provide home visits.

IHTT is a 24/7 service and there will be an expectation to manage shifts flexibly over the week, The postholder is employed within NHS Lothian and there may be a requirement to work flexibly across Lothian to meet service demands.

#### 4. ORGANISATIONAL POSITION



#### 5. ROLE OF DEPARTMENT

The main functions and objectives of the IHTT are : -

- to provide intensive home treatment to a defined population as an alternative to admission
- to provide a gatekeeping service to in-patient facilities by reducing inappropriate referrals
- facilitating early discharge from in-patient care.

#### 6. KEY RESULT AREAS

##### Clinical Practice

1. Responsible for the management of a caseload and for providing specialist advice in relation to patient conditions and supporting the development of specialist care plan/package through assessment to meet the mental health / psychological and holistic needs of the patient, discharging from the caseload when appropriate.
2. Deliver a variety of care and treatment interventions, in line with evidence base on a 1:1 and group basis and contribute to wider service care provision within and outwith health service
3. Participate in policy development through attending specialist / national groups, which facilitate net-working and sharing best practice through the provision of specialist professional advice.

4. May initiate medication prescribing, administration and management in line with Patient Group Directive's or Independent Nurse Prescribing competence.
5. Apply principles of epidemiology and demography in clinical practice recognising risks, patterns of disease and work collaboratively with a variety of stakeholders to develop health promotion strategies and reduce health inequalities.
6. To undertake risk assessment (including patient behaviours and working environment) and incident management within community setting including implementation of action plans and associated learning to ensure ongoing compliance with related legislation and guidelines, including Health and Safety at Work Act and NHS Lothian Health and Safety policy and reporting systems, to safeguard patients and staff.
7. Apply the principles of public protection (children and adults) with own caseload and in a supervisory capacity.

### **Clinical Leadership**

8. Provide clinical leadership in relation to the management of patient condition working at specialist practice level to provide mentoring, supervision and clinical advice where required to the multidisciplinary team.
9. Develop effective partnerships and positive working relationships with a variety of internal and external agencies in order to support seamless care provision across all agencies.
10. Participate in business continuity, workforce planning and skills profiling to ensure the targeting of resources to meet the needs of the team, individuals and families.
11. Participate in the appraisal process and Personal Development Plan Review in line with the Knowledge and Skills Framework. Support management of performance issues for area of responsibility. Provide and participate in clinical and peer supervision.
12. Participate in the development of local procedures, protocols and standards ensuring compliance with National legislation and NHS Lothian policies and identify opportunities for the continuous development of service.
13. As and when required, in the absence of the Team Manager, provide support and guidance to team members and ensuring that a cohesive multidisciplinary team approach is maintained and to maintain effective operational management of the clinical area

### **Practice Development and Facilitated Learning**

14. For area of expertise provide specialist advice and teaching to the multidisciplinary team. May work in collaboration with education providers and other key stakeholders to ensure staff and learner competency is achieved and maintained.

### **Research and Development**

15. May participate in research and undertake clinical audit to support own and the team's best practice which is research and evidence based leading to continuous improvement in care. Disseminate findings as appropriate to influence best practice.

<p>16. To support NHS Lothian's values of quality, teamwork, care and compassion, dignity and respect, and openness, honesty and responsibility through the application of appropriate behaviours and attitudes.</p>
<p><b>7a. EQUIPMENT AND MACHINERY</b></p>
<p>The postholder will be expected to be responsible and knowledgeable in the safe use of all clinical and non clinical equipment used within the area ensuring this is checked and maintained and where problem are identified these resolved so that all equipment is fit for purpose.</p> <p>The following are examples of equipment which will be used when undertaking the role:</p> <p>This list is not exhaustive:</p> <ul style="list-style-type: none"> <li>• Mobile phones</li> <li>• PC</li> <li>• Alcometer</li> <li>• Scales</li> <li>• BP machine</li> </ul> <p><b>Note:</b> New equipment may be introduced as the organisation and technology develops, however training will be provided.</p>
<p><b>7b. SYSTEMS</b></p>
<p>The following are examples of systems which will be used when undertaking the role:</p> <ul style="list-style-type: none"> <li>• To maintain accurate and up to date clinical records complying with patient confidentiality and provide data for core surveillance.</li> <li>• To be responsible for recording all activity/contact on appropriate local system.</li> <li>• To update and maintain a range of information databases.</li> <li>• Responsible for ordering supplies e.g. supplies and equipment using PECOS system.</li> <li>• To be proficient in the use of IT systems - internet/intranet including use of email.</li> <li>• Risk assessments – DATIX.</li> <li>• TRAK.</li> </ul> <p><b>Note:</b> New systems may be introduced as the organisation and technology develops, however training will be provided.</p>
<p><b>8. ASSIGNMENT AND REVIEW OF WORK</b></p>
<p>Works within occupational, national and local policies and guidelines.</p> <p>Will have a Professional Personal Development Plan including an assessment of clinical competence which will be reviewed annually by the responsible line manager.</p> <p>Professional nursing advice may be provided by the Chief Nurse / Advanced Nurse Practitioners.</p>

The post is self directed, organising own workload in relation to specialist caseload to meet the demands of the service.

The clinical workload is generated through various referral protocols of multidisciplinary teams in line with legislation and performance indicators set by the Scottish Government Health Department.

## **9. DECISIONS AND JUDGEMENTS**

Makes autonomous clinical decisions in relation to patient assessment, care planning and review within area of specialty.

Agree referral protocols, undertake risk assessments and using specialist clinical reasoning skills, make further referrals to Clinicians when it is identified that further clinical intervention is required.

Uses own initiative and acts independently within the boundaries of own knowledge and skills.

Participate in the appraisal process through Personal Development Planning and review in line with the Knowledge and Skills Framework.

## **10. MOST CHALLENGING/DIFFICULT PARTS OF THE JOB**

Balancing management of own caseload and providing support/ advice to other staff.

Adapting to the variable and unpredictable demands of the post.

Continued promotion of the specialist role and challenging the boundaries of the current parameters of practice.

## **11. COMMUNICATIONS AND RELATIONSHIPS**

Communicates sensitive, complex clinical condition related information to patients, relatives and carers in relation to specialist area.

Communicate verbally and in writing to members of the multidisciplinary team - members of Primary and Secondary Health Care Teams, Social Care; statutory and non-statutory services with the ability to express professional views within group settings and support client advocacy.

In addition to the above other contact falls into the following main categories in relation to healthcare, staffing and service issues:

- The patient, their relatives and the multidisciplinary team involved in the provision of care.
- Nursing staff regarding patient care, allocation of work, workload issues.
- Partnership, Trade Union and Professional Organisation representatives in relation to service and staffing issues.

Acts as a patient / staff advocate through the application of ethical, legal and professional knowledge and skills.

--

## **12. PHYSICAL, MENTAL, EMOTIONAL AND ENVIRONMENTAL DEMANDS OF THE JOB**

This section may vary depending on clinical area. Examples may include:

### **Physical Skills:**

Risk assess a range of working environments and ensure safe working environment for self and staff

IT – Keyboard skills

Exposure to body fluids

Administer medicines, IM injections,

Violence and Aggression – breakaway / de-escalation

### **Mental Demands:**

Dealing with urgent and life threatening conditions – reacting to crisis situations

Variety of assessment approaches and interpretation of findings sometimes complex

Concentration and decision making in terms of competing demands and priorities.

Ability to calculate drug dosages and prescribe safely and effectively

Writing prolonged reports

Interpret data and use findings to inform service delivery

### **Emotional Demands:**

Individual, family, community and team dynamics

Supporting in terms of individual, family and community crisis/ major incident/ poor diagnosis and prognosis, bereavement

Dealing with challenging behaviour

Advocating for patients

Supporting and mentoring staff, including challenging poor performance

Supporting and enabling self care when individuals, family and community may not be motivated to do so

Coping with management of complaints

Providing episodes of care that challenge individual beliefs and values

Balancing the support for carers with the protection of vulnerable groups

### **Working Conditions:**

Exposure to body fluids.

Potential exposure to verbal and physical aggression from patients and relatives / other visitors.

Working in homes/environments which are challenging including clients homes where there is smoking and also pets.

Lone working in the community

## **13. KNOWLEDGE, TRAINING AND EXPERIENCE REQUIRED TO DO THE JOB**

Registered Nurse with NMC – Mental Health (RMN)

Evidence of significant post registration professional practice experience to undertake and fulfill the key areas for this post e.g. postgraduate course/s in clinical specialty.

Non medical nurse prescribing experience as appropriate to role

Evidence of management, education and training.  
Effective listening and interpersonal skills.  
Time management skills/ability to prioritise workload.  
Evidence of research /audit experience.  
Evidence of effective problem solving skills.  
Competent in standard IT packages e.g. Microsoft Word & Excel.

**14. JOB DESCRIPTION AGREEMENT**

A separate job description will need to be signed off by each jobholder to whom the job description applies.

Job Holder's Signature:

Date:

Head of Department Signature:

Date: