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| NHS GREATER GLASGOW AND CLYDE **JOB DESCRIPTION** |
| JOB IDENTIFICATION |
| Job Title: **Movement Disorder Clinical Nurse Specialist**  Responsible to: Movement Disorder Advanced Clinical Nurse  Directorate: Regional Services  Ward / Department: Neurology  Job Reference number (coded) : |

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| JOB PURPOSE |
| The post holder will work under guidance of other members of the multidisciplinary team in Greater Glasgow and Clyde (GGC) to provide effective care for people with movement disorders (including people with Parkinson's disease, parkinsonism, essential tremor, tic disorders, dystonia and other movement disorders). The post holder will assess and deliver care to patients, and provide specialist advice to community care providers of patients with movement disorders. The post holder will also contribute to the development, education and support of the patient group, working across the disease spectrum from diagnosis, symptom management, medical treatment and surgical intervention. |

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| DIMENSIONS |
| The movement disorder service is a central part of the Neurology Service in GGC and aims to provide a comprehensive, effective and responsive service for people with movement disorders. The service aims to provide high quality, holistic care at an individual level which promotes and supports independence and empowers patients to make informed decisions about their disorder management. The service works closely with related services to complement care and provide the best support possible.  The service is primarily structured through assessment and implementation of clinical interventions in nurse led clinics. The service also operate an open telephone helplines for patients, relatives, carers, GP's and other clinicians to receive support as and when patient’s require it. |

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| ORGANISATIONAL POSITION |
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| ROLE OF DEPARTMENT |
| The Neurology service in GGC is a regional service based in the West of Scotland. The service has close ties with a number of affiliated Health Boards, including NHS Ayrshire & Arran, NHS Highland, and NHS Lanarkshire. The GGC Neurology service is the biggest neurology team in Scotland, with access to a 19-bedded inpatient ward, a day unit facility and comprehensive outpatient facilities.  The Neurology Service is hosted in the Institute of Neurological Sciences (INS), based on the Queen Elizabeth University Hospital campus. The INS is a regional unit with responsibility for services in the fields of Neurology, Neurosurgery, Oral & Maxillofacial Services, Interventional Neuroradiology, Neurorehabilitation, Neuropsychology, and Spinal Injuries.  The post holder will work within the Neurology Service and as part of a multidisciplinary Movement Disorder team, which is comprised of Consultant Neurologists and Advanced Clinical Nurse Specialists. This post holder will work under the direct supervision of the Advances Clinical Nurse specialist and deliver care on behalf of the wider multi-disciplinary team. |

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| KEY RESULT AREAS |
| **Clinical Management:**  Work autonomously providing specialist advice, support and information on all aspects of movement disorder management, including Parkinson’s disease, dystonia, essential tremor, tourettes and ataxias.  Be accountable for all decisions made independently, using agreed guidelines. Support and guidance to be offered by the Advanced Clinical Nurse Specialist and the wider multi-disciplinary team.  Perform comprehensive assessment of patient and carer needs in nurse led clinics, using developed clinical skills and implement and evaluate care according to changing needs/clinical condition of the patient group.  Work collaboratively with other professionals within the multidisciplinary team and external agencies to ensure patient/carer needs are met in relation to ongoing care needs and discharge arrangements.  To perform and discharge medication and ensure appropriate storage of specific medications. To perform ad hoc ward based tasks to assist in the management of patient disorder.  To provide highly specialist support to patients and carers in hospital and the community, including a telephone helpline.  To provide effective and compassionate communication with patients and carers and professionals across health, social services, education, voluntary and charitable organisations.  To contribute to evaluation of service delivery and areas of improvement.  Collect, collate, evaluate and report data and information relating to service provision. To maintain accurate patient records and documentation of all research activities performed.  Provide support, guidance and information for patients and relatives to facilitate informed choice in relation to clinical research and clinical trials. To ensure the appropriate reporting of serious adverse incidents to the appropriate authorities.    **Professional:**  Acts in accordance with professional code of conduct (NMC)  To work in accordance with national guidelines and clinical standards.  Ensure practice is up to date and in keeping with current evidence base.  Participate in reviewing, evaluating and updating service guidelines, protocols and documentation and medical and nursing guidelines.  **Education:**  Provide evidence based education and information to patients and carers and associated healthcare professionals regarding Movement disorder disease management.  Awareness and involvement in local/regional/national education events.  Establish and maintain links with affiliated professionals in order to share or learn from examples of good practice.      **Research, Audit & Quality:**  Participate in appropriate research, which would improve the service or benefit the client group  Ensure awareness of International Conference on Harmonisation, Good Clinical Practice Guidelines and European Directives relating to clinical trials and introduce changes to ensure local trial practice reflect new legislation and standards.  Audit and evaluate user group satisfaction to maintain clinical effectiveness to assist in the production of service reports and annual review. |

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| 7a. EQUIPMENT AND MACHINERY |
| Demonstrate and act on the responsibilities placed on them under the Health and Safety at Work Act 1974 to ensure that the agreed safety procedures are carried out to maintain a safe working environment for patients, visitors and employees.    To have competent knowledge of all equipment used by the post holder:  **Clinical:**  **Very Specialised:**   * Apo Go pumps (specialist infusion pump for Apo morphine administration) * Britaject pen - for administration of Apomorphine * NeuroVision Programmer and Access Therapy controller - to programme deep brain stimulators , Botulinium Injections * Future innovative emerging treatments and interventions as applicable   **Specialised:**   * Phlebotomy and urine collection equipment * Centrifuge to spin and separate blood samples. * Sharps boxes * Stethoscope and sphygmomanometer, * Height and weighing scales. * Digital *DVD* camera and *DVD* players * Safety gloves and goggles * Refrigerator and freezer for storage of blood and plasma samples. * Digital thermometers   **Generic:**   * Walking aids * Raised toilet seats * Pat slides * Nurse Call system Fire Equipment Oxygen cylinders * Electric wheelchairs and standard wheelchairs |
| **7b. SYSTEMS** |
| The post holder is expected to demonstrate the ability to maximize the use of information technology to benefit patient care and personal development. This includes relevant clinical systems, Microsoft Office, imaging and prescribing software as provided by GGC. |

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| DECISIONS AND JUDGEMENTS |
| Provide specialist assessment advice and management for patients with movement disorder within agreed guidelines.  To discuss appropriate cases that fall outwith guidelines with multidisciplinary team.  To utilise and interpret research protocols and/ or locally agreed guidelines to adjust a patient management plan.  To utilise specialist knowledge, clinical examination and assessment skills to facilitate clinical decision-making and to influence changes in the patients' pharmacological management.  To act as a patient advocate and empower patients to be actively involved in any decisions regarding their management. ·  To referrals to the multidisciplinary team and community setting where  appropriate. |

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| COMMUNICATIONS AND RELATIONSHIPS |
| **Internal**  Communicating with patients, carers, and family members providing and receiving highly complex information about unpredictable conditions, prognosis and dealing with any resultant barriers to acceptance.     * Inpatient care team * Nursing, Physicians, Surgeons, Physiotherapists, Occupational Therapists, Speech and Language Therapists, Dieticians, Clinical Psychologists, Pharmacy staff, Laboratory technicians, Radiologists, Medical Illustration staff, secretarial staff, medical records, porters. * Lead Nurse * Lead Clinicians * Parkinson's Disease Nurse Specialists * Allied Health Professionals * Health & Safety * Infection Control * Research and Development Department. * Psychiatric and Psychology services.   **External:**   * Professional links/networks locally and nationally Specialist Support Groups * Voluntary agencies * Community health practitioners * Social Work |

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| PHYSICAL, MENTAL, EMOTIONAL AND EVIRONMENTAL DEMANDS OF THE JOB |
| **Physical Demands on a Regular Basis:**  Demonstrate manual dexterity in provision of the following:   * Computer * Phlebotomy skills * Audio/ visual equipment * Clinic visits - frequently * Driving skills required to assess patients at home if required. Basic Life support. * Moving and Handling.   **Mental Demands:**   * Requirement for prolonged concentration * Analysing and prioritising complex information. * Multidisciplinary team working. · * Multi-tasking. * Time management * Unpredictable workload. * Responsibility of being an autonomous practitioner   **Emotional Demands:**  Post holder is subjected regularly to the following:   * Communicating with distressed patients or carers frequently. * Management of unrealistic patient expectations. * Due to complex needs and ever changing disease profile, inability to discharge from case load. * Working autonomously and being responsible for solving complex problems in relation the delivery of patient care.   **Environmental Demands:**  Exposed on an ongoing basis:   * Exposure to botulinum toxin. * Exposure to dry ice. * Exposure to laboratory conditions. |

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| MOST CHALLENGING/DIFFICULT PARTS OF THE JOB |
| On an ongoing and daily basis:   * Communicating and discussing complex and distressing information across the disease trajectory including reaction to diagnosis, changing conditions and palliative care needs. * Communication with a wide range of people / patients / carers to professionals in a range of settings on various different subjects associated with movement disorder * Managing patients who are unresponsive to medical therapy. * Clinical decision making within the autonomous role of the specialist nurse. * Managing an unpredictable caseload, having to regularly re prioritise visits/ needs of patients whilst maintaining high standards of care * Ensuring own professional development by participating in courses and study whilst continuing to meet the demands of the job. * Dealing with distressing conditions, patients in the caseload experience major quality of life issues affecting their physical and psychological health. |

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| KNOWLEDGE, TRAINING AND EXPERIENCE REQUIRED TO DO THE JOB | |
| Registered Nurse Part 1 or 12.  Educated to degree level in relevant area of practice.  Excellent communication skills and IT skills  Proven counselling skills.  Effective time management skills  Knowledge of Movement Disorders  Evidence of continuous professional development  The post holder is required to demonstrate effective team working skills and also the ability to use initiative. | |
| JOB DESCRIPTION AGREEMENT | |
| A separate job description will need to be signed off by each jobholder to whom the job description applies.  Job Holder’s Signature:    Head of Department Signature: | Date:  Date: |