

**Introduction to NHS Forth Valley**

Thank you for your interest in applying to work within NHS Forth Valley. As an organisation, we are responsible for providing health services and improving the health for the population of Forth Valley.

Forth Valley is in the heart of Scotland and covers a wide and varied geographical area from Killin and Tyndrum in the North, Strathblane in the West and Bo’ness in the South.

It is an exciting place to live and work. Its diverse and rich cultural history includes the ancient city of Stirling, once the country’s capital, Falkirk, home of the world’s only rotating boat lift and Clackmannanshire, in the shadow of the Ochil Hills.

It embraces world-class crowd-pullers, like Stirling Castle, and Scotland’s first National Park which takes in Loch Lomond and the Trossachs. Add to this great shopping, leisure and arts facilities and cinemas, plus a healthy dose of fresh air with plenty of opportunities for hillwalking, golf, cycling and even paragliding!

Transport links are second to none with excellent rail services to all major cities and a motorway network which accesses Edinburgh and Glasgow within an hour and brings stunning scenery within easy reach. The area is also noted for excellent schools, both state and independent, and for the friendliness of its people.

**Further information about NHS Forth Valley and the services we provide can be found at our website: nhsforthvalley.com**

**REGISTERED AND NURSE GRADUATE MENTAL HEALTH NURSE**

**BAND 5 / PERMANENT / FULL & PART TIME (SEE ADVERT) WITHIN OUR LOW SECURE WARDS**

**Ref: Provided by the recruitment team**

Following a successful generic recruitment process, there are a couple of exciting opportunities remaining within the mental health services, in NHS Forth Valley. We are looking for applicants who have an interest to work within our low secure wards.

Hope House is a 6 bedded specialist unit for females who require a secure environment.  Care and treatment is modelled around a Homestyle model of care focusing on rehabilitation, promoting therapeutic meaningful occupation and activity, guided by individual risk assessment.  Delivered by an MDT consisting of Nursing, Psychiatry, Activity co-ordinators, Occupational Therapy, Psychology, dietetics and Speech and Language.

Its an exciting time to join our team as we are undergoing a Service review, with opportunity to get involved in quality Improvement.  Central focus of the review is to embed a Structured Clinical Care Model; this is a comprehensive systems wide approach that will be delivered over a specific time with clearly defined care plans and exit pathways.  Care and treatment will be underpinned by a therapeutic milieu whereby staff deliver consistent responses in everyday interactions appropriate to an individual’s formulation. There is a strong focus on supporting our Nursing staff's training, development and wellbeing, ensuring the team feel equipped to work with individuals with complex needs.  With regular ongoing reflective learning and supervision and case consultations with other MDT members.

Applications are invited from enthusiastic suitably qualified first level registered mental health nurses, who are keen to enhance/develop clinical skills, to work within these settings. The post holder will work as part of a multidisciplinary team and should possess good interpersonal and communication skills (both written and verbal). The successful candidate should be committed to the provision of high quality, patient focused care; have a flexible approach to service needs and a genuine interest in working with patients within a mental health setting. Knowledge of the Mental Health Act (Scotland) required. These posts require the post holder to be able to apply Therapeutic Management of Aggression and Violence techniques (training given). We encourage and support staff to gain a wide range of experiences, and support this through staff personal development plans.

You will be required to work Mon – Sun, across 24 hours shift pattern. NHS Forth Valley is committed to supporting staff with a work-life balance and we are undertaking a 6-month test of change, introducing 12½ hour shift patterns (alongside core shifts) within our mental health wards.

**This advert is for registered mental health nurses, who have a live UK NMC pin or for mental health nurse graduates, due to qualify in 2024 and who will gain automatic entry onto the UK NMC register.**

Informal enquiries: Cara Mulholland, SCN on 01324 572605 / 01324 572600