Physiotherapy Job Description: Additional Specialism information

Add the information below that is specific to the specialist work area. There may be more than 1 additional information form needed per specialism at the same grade e.g. Adult MH / Elderly MH / Forensic MH. This information will enhance expectations of role to jobholders/applicants.

Specialism: **Ward 1** (part of Douglas Grant Rehabilitation Centre & Ward 1 Team) Grade: Band 6

Job description linked to: Specialist Physiotherapist

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| **Organisational position (including chart)** | * The Douglas Grant Rehab Centre (DGRC) and Ward 1 Physiotherapy Team is based in the North Ayrshire Health & Social Care Partnership (HSCP) and comprises four clinical teams: Douglas Grant Neuro Rehab Ward, Redburn Stroke Rehab Ward, **Ward 1 (Older Adults and Amputee Rehab)**, Neuro Out-patients * This post is one of 2 Specialist Physiotherapist posts in the Ward 1 team * The Ward 1 team also has sporadic input to Ward 2, a long term care ward |
| **Job Purpose** | * Ward 1 is a rehabilitation ward for older adults and patients who have undergone lower limb amputation. The majority of patients in Ward 1 have ongoing rehabilitation needs and are transferred directly from University Hospitals Ayr / Crosshouse following a period of illness or orthopaedic surgeries/injuries or are repatriated from Hairmyres Hospital as part of the vascular pathway. * The aim of physiotherapy rehab in Ward 1 is to help patients become as active and independent as possible with the minimum level of ongoing therapy support and home care needs as possible on discharge * Work as a Specialist Physiotherapist in Ward 1 * Assess and treat older adults with reduced mobility and provide senior support to junior team members as detailed in above chart * Conditions treated include, but are not limited to: frailty; falls; dementia; delirium; multi-morbidity; lower limb amputation; traumatic orthopaedic injuries; elective orthopaedic surgery; arthritis; COPD; heart failure; alcoholic liver disease; Parkinson’s disease; stroke * Treatments for reduced mobility will include, but are not limited to: gait and balance re-education; provision of walking aids; use of hoists and standing and walking aids such as Arjo Sara Plus ® / Taurus ® / Stedy ®; upper and lower limb strengthening; stair practice; access to a therapy room with rehab equipment including a rehab plinth, stairs and parallel bars; referral to Orthotics * Attend MDT whiteboard meetings and contribute to discharge planning including attendance at discharge planning meetings (DPM) * Deliver practical and theoretical training to members of the MDT * Lead local service improvement projects * Engage at a local and national level with relevant clinical interest, policy development and service development groups which may include Falls; Frailty; Rehabilitation |
| **Key Result Areas** | * Treat adults with reduced mobility in Ward 1 * Promote a rehabilitation ethos and encourage physical activity to improve / maintain functional independence while in Ward 1 and on discharge * Empower individuals to be as active and independent as possible * Facilitate discharge from the rehab setting and make onward referrals to other services and teams as required to ensure ongoing rehab needs are met * Contribute to MDT discharge planning |
| **Other relevant information** |  |