

# Working for NHS Lothian

**JOB TITLE:** Locum Appointment for Service Psychiatry – Regional Eating Disorders

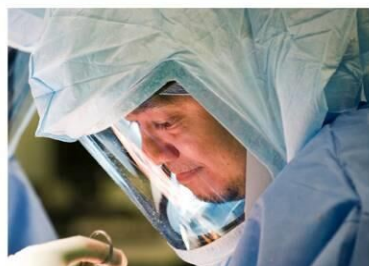
**JOBTRAIN REFERENCE:** 208598

**CLOSING DATE:** 4<sup>th</sup> March 2025

**INTERVIEW DATE:** TBC



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**We cannot accept CV's as a form of application and only application forms completed via the JobTrain system will be accepted. Please visit <https://apply.jobs.scot.nhs.uk> for further details on how to apply.**

**This post requires the post holder to have a PVG Scheme membership/record. If the successful applicant is not a current PVG member for the required regulatory group i.e. child and/or adult, then an application will need to be made to Disclosure Scotland and deemed satisfactory before the successful post holder can commence work.**

Please visit our Careers website for further information on what NHS Lothian has to offer <http://careers.nhslothian.scot.nhs.uk>



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## Section 1: Person Specification

REQUIREMENTS	ESSENTIAL	DESIRABLE
<b>Qualifications and Training</b>	GMC registered medical practitioner Licence to practice Eligible for recognition as Approved Medical Practitioner under the MH (C&T)(S) Act 2003	Additional post-graduate qualifications, e.g. MD/ PhD/MSc Additional sub-specialty training
<b>Experience</b>	Experience in general adult psychiatry including working in an inpatient setting or other relevant multi-disciplinary settings	Experience of working in an Eating Disorder service, or relevant area  Experience of working in a range of psychiatric specialties
<b>Ability</b>	Excellent interpersonal skills with the ability to communicate effectively and empathically with patients, carers and relatives.  Ability to communicate effectively and collaborate with team members in delivering patient care  Ability to recognise and manage challenging situations in a calm and professional manner.  High standards of written and verbal communication skills  Good IT skills with ability to record, retrieve and review electronic information	Evidence of complex case management  Evidence of knowledge and experience of use of mental health act  Evidence of risk assessment and management
<b>Academic Achievements</b>	Awareness of research methodology and presentation skills	Evidence of research and publications in peer reviewed journals
<b>Teaching and Audit</b>	Evidence of commitment to: clinical audit formal and informal teaching	Experience of designing audits Experience of simulation training



	<p>and training of trainee doctors, medical students and other clinical staff</p> <p>learning and continuing professional development</p>	Evidence of training in clinical and / or educational supervision
<b>Motivation</b>	<p>Evidence of commitment to:</p> <p>patient-focused care</p> <p>continuous professional development and life-long learning</p> <p>effective and efficient use of resources</p>	Desire to develop services for patients
<b>Team Working</b>	<p>Ability to work in a team with colleagues in own and other disciplines</p> <p>Ability to organise time efficiently and effectively</p> <p>Reliability</p> <p>Excellent communication skills</p>	<p>Ability to motivate colleagues</p> <p>Evidence of previous managerial training and experience</p>
<b>Circumstances of Job</b>	<p>May be required to work at any of NHS Edinburgh and the Lothian's sites</p> <p>Satisfactory Enhanced DBS check (valid within the last three years) prior to commencing employment.</p> <p>Occupational Health Clearance.</p> <p>Right to work under immigration rules</p>	



## Section 2: Introduction to Appointment

**Job Title: LAS Doctor in Eating Disorders Psychiatry**

**Department: Regional Eating Disorders Unit (REDU)**

**Base: St John's Hospital**

You may also be required to work at any of NHS Lothian sites.

### **Post Summary:**

This is a part time (6 Programmed Activities) and available from August 2025. The post is to Provide psychiatric and basic medical care to patients in the Regional Eating Disorders Unit within a highly experienced Multidisciplinary Team - with the support from the Clinical Lead Consultant, a very experienced Specialty Doctor and the Attached Consultant Physician.

## Section 3: Departmental and Directorate Information

**Regional Unit: Regional Unit: NHS Lothian, Fife, Forth Valley and Borders**

The regional unit is a 12-bedded unit situated within St John Hospital, Livingston and covers the population of South East Scotland, including the populations served by NHS Borders, Fife, Forth Valley and Lothian. The regional unit is managed as an integral part of overall mental health services within NHS Lothian, with day to day operational management provided by the local management structure of West Lothian Community Health and Care Partnership

The Regional Eating Disorders Unit liaises directly with the patient's local supports in active admission and discharge planning.

The Regional Eating Disorders Unit provides support to all tiers across the partner board areas in relation to:

- Pharmacological and Physical Management advice, consultation and liaison. Supporting the delivery of psycho-social therapeutic programmes and interventions.
- Education, training, support and supervision as appropriate enabling a hub and spoke approach which ensures equality and speed of access and smooth transition through the care pathway.
- Leadership role in maximising the efficient use of resource, and equity of clinical access to the inpatient unit.

Operational policies and supporting protocols on admission and discharge and delivery of care and treatment within the inpatient for eating disorders unit are developed and agreed by all partner areas.



The Regional Inpatient Unit is operationally managed by REAS which is responsible for providing regular activity and finance summary to all Consortium Boards.

### Catchment Area of Post

Board Area	Total Population
Lothian	800,000
Fife	360,000
Borders	110,000
Forth Valley	300,000
<b>TOTAL</b>	<b>1,570,000</b>



## Medical Team

The Consultant has the support of a part-time specialty doctor and core trainee in addition to this post.

## Multi-Professional Team

The current staffing establishment of the service is:

Post	Grade	WTE
<b>MEDICAL STAFF</b>		
Consultant Psychiatrist	Consultant	1.00
Speciality Doctor	Speciality Doctor	0.6
Consultant Physician	Consultant	0.13
	<b>TOTAL</b>	<b>1.73</b>
<b>NURSING STAFF</b>		
Charge Nurse	Band 7	1.00
Senior Staff Nurse	Band 6	2.00
Qualified Nurses	Band 5	11.6
Support Nurses	Band 2	8.00
	<b>TOTAL</b>	<b>22.6</b>
<b>OTHER CLINICAL STAFF</b>		
Clinical Psychologist	Band 8A-C	1.0
Occupational Therapist	Band 6	0.86
Dietitian	Band 7	1.00
Physiotherapist	Band 6	0.50
Nutritional Support Worker	Band 3	0.53
Clinical Pharmacist	Band 8A	0.20
	<b>TOTAL</b>	<b>3.09</b>
<b>SUPPORT STAFF</b>		
Admin Support	Band 3	1.00
	<b>TOTAL</b>	<b>1.00</b>

## Accommodation

The postholder will be based in the Regional Eating Disorders Inpatient Unit. The Eating Disorders Inpatient Unit is a self-contained refurbished unit on the lower ground floor of St John's Hospital.

## Working with partner Boards

Each of the four partner health board areas has a community service for people with eating disorders. Developing productive and supportive relationships with the four multiprofessional services is a key requirement of this post. A Regional Oversight group and Clinical Forum meets regularly to facilitate this and assure good governance.

## NHS Lothian

The Lothian Eating Disorder Service (LEDS) is a well-established multi-disciplinary outpatient and community Eating Disorders Service. The service is based in the Royal



Edinburgh Hospital but there are also opportunities for satellite clinics throughout Lothian and to become involved in community-based work and inpatient liaison. The service supports patients with a whole range of eating disorder presentations and offers a wide scope of individual and group psychological treatments as the core treatment, alongside specialist dietetic, nursing and psychiatric interventions & management.

### **NHS Borders**

NHS Borders does not have a dedicated Eating Disorders (ED) Service. Patients with eating disorders remain under the appropriate (General Adult, Liaison Psychiatry or CAMHS) CMHT, with a key worker from that team but with advice and regular input from the Eating Disorder Clinical Psychologist and eating disorders dietician. There are close working relationships with the GI physicians and dieticians in the Borders General Hospital who are fully signed up to the MARSIPAN Guidelines. The acute psychiatric admissions unit can safely manage a proportion of brief ED admissions for nutritional rehabilitation and/or management of co-morbidities, with input from the ED psychologist and dietician.

### **NHS Forth Valley**

NHS Forth Valley has a specialist Eating Disorder service which is based at Livilands Resource Centre, Stirling Health & Care Village. The Eating Disorder team offers Forth Valley-wide assessment and treatment to adults aged over 18 years of age with a diagnosis of Anorexia Nervosa, Bulimia Nervosa or Binge Eating Disorder.

### **NHS Fife**

The eating disorders service in Fife is a tertiary level multi-disciplinary team providing consultant-led specialist multi-disciplinary assessment, formulation and treatment for adult eating disorder. Interventions are 1 to 1 but also incorporate families and carers,

The multi-professional team is comprised of a Consultant Psychiatrist, Clinical Psychologist, Specialist Dietician, Psychology/Dietetic Assistants and Administrator.

### **St John's Hospital, Livingston**

St John's Hospital opened in 1989 and is located in the centre of Livingston; a new town about 20 minutes drive from Edinburgh. The hospital is afforded full teaching hospital status by the University of Edinburgh.

Services provided include:

- Mental Health including IPCU
- Regional Perinatal Mental Health Mother and Baby Unit
- General Medicine with specialists in Cardiology, Diabetes & Endocrinology, Gastroenterology, Respiratory Medicine and Care of the Elderly
- Obstetrics & Gynaecology
- Child Health including Paediatrics and community child health
- The regional Burns and Plastic Surgery unit for SE Scotland
- Oral and Maxillofacial Surgery
- ENT



- Critical Care (ITU, HOU and CCU)
- Accident and Emergency
- General Surgery
- Orthopaedics
- Anaesthetics

West Lothian Health and Social Care Partnership is an integrated provider of NHS Lothian and Local Authority care for the population of West Lothian, part of West Edinburgh, and, for some specialist services, for the South-east of Scotland.

The Health Service component consists of some services within a teaching hospital -St John's Hospital; three units for the care of the elderly - St Michael's Hospital, Maple Villa and Tippethill House, and a wide range of outreach services, community health and GP services based in a number of associated premises including some 12 Health centres and clinics.

### **The Community of Psychiatrists in Lothian**

NHS Lothian currently employ consultant psychiatrists and Specialty Grade doctors across all psychiatric specialties and health and social care partnership areas. NHS Lothian is also the hub for the South East Scotland Training Scheme in Psychiatry. With doctors in training within mental health, including psychiatry trainees, GP trainees and Foundation Year doctors. All consultant psychiatrists working within NHS Lothian are automatically members of the Lothian Area Division of Psychiatry. There is a comprehensive programme of CPD activities available to all medical staff working in psychiatry across Lothian, including case conferences, local CPD programmes and a special lectures series co-ordinated by the University of Edinburgh.

The principal provision of community NHS services for persons with eating disorders within Lothian is the LEDS team, working from the Cullen Centre based at the Royal Edinburgh Hospital in the Morningside area of Edinburgh. The Lothian community eating disorder service is currently established for 1 full time consultant and two specialty doctors.

### **Regional and Lothian wide Services**

The South-East Regional Eating Disorders Inpatient Unit is one of several specialist mental health services in Lothian. These include:

#### **Liaison Psychiatry**

A service is provided for St John's Hospital by a Consultant Psychiatrist with a special interest in Liaison Psychiatry. This includes the assessment of patients presenting after deliberate self-harm. The Royal Infirmary of Edinburgh has a Liaison Psychiatry Service and additional investment has been made to providing two specialist perinatal liaison sessions.

#### **Forensic Psychiatry**

One consultant is responsible for the running of the Intensive Psychiatric Care Unit at St John's Hospital and the liaison service with the Police, Courts and Procurator Fiscal. Scotland's first medium secure unit, the 50-bedded Orchard Clinic is part of the Royal Edinburgh Hospital campus.



## **Rehabilitation**

There is a 12 bedded rehabilitation unit in the grounds of St John's Hospital to provide slow stream rehabilitation.

## **Substance Misuse Services**

There is a regional service for people with Drug and Alcohol Problems. These provide dedicated community services in West Lothian and in-patient alcohol services are provided at the Royal Edinburgh Hospital.

## **Regional Perinatal Mother and Baby Unit**

A six bedded mother and baby unit serving the population of Lothian, Fife, Borders, Tayside and Highland.

## **Child and Adolescent Mental Health Services**

Comprehensive CAMHS services for across the Lothian's are managed on behalf of NHS Lothian by Royal Edinburgh and Associated Service (REAS).



## West Lothian Mental Health Services

The Mental Health Services in West Lothian are managed by the Health and Social Care Partnership. This is a close partnership embracing the need to recognise the shared work across health and social services within local authority.

West Lothian has a variety of in-patient and community services:

In-patient Mental Illness services, include an Acute Admissions Ward, which is supported by an Acute Care and Support team, working to prevent admission to hospital and facilitate early discharge providing stepped up care in the community. An Intensive Psychiatric Care Unit, taking patients locally and from other NHS areas. There is a Regional Mental Health Mother and Baby Unit, Rehabilitation and Recovery Unit and the Admission ward for Older People with mental illness. There are other community based older peoples facilities throughout the area.

Day patient services are provided at a day hospital for older people with mental illness within the hospital and a peripatetic service provides day care for the older people with mental illness at a range of community settings. Rehabilitation and recovery day services are also provided in several community locations.

There is a wide range of out-patient clinics; both hospital and primary care based meeting the needs of patients living in the more rural areas of West Lothian, while providing the opportunity for close networking and liaison with General Practitioners and other community staff.

The Community Psychiatric Nursing Service for adults and older people are based within Primary care settings. These are both well established services.

An assertive outreach team comprised of community psychiatric nurses and social work staff provides a service to patients with a severe and enduring illness.

There are also extensive community based services for those with long term mental illness. These consist of an outreach team working primarily in service user's homes, day services providing both programmed activity with partners and outreach and a 12 bedded rehabilitation unit.

The Clinical Psychology Department offers dedicated sessions to Rehabilitation Care of older people with mental illness, Forensic Psychiatry, Child and Family Psychiatry, in addition to 8 primary care based clinics.

Occupational Therapy and Physiotherapy Services are provided from within St John's Hospital by the respective departments.

Services users are supported by the mental health advocacy project (West Lothian) who provide individual and collective advocacy.



## Section 4: Main Duties and Responsibilities

### Clinical:

- Optimise physical and psychiatric care of complex ED patients in the Regional Eating Disorders Unit. This is a 12-bedded SEDU, serving the South of Scotland Region including Lothian, Borders, Forth Valley and Fife. REDU has a highly sought after QED audit certification status from the Royal College of Psychiatrists 'College Centre for Quality Improvement'. REDU is regularly inspected by the Mental Welfare Commission and has highly favourable reviews published on their website.
- 4.2 The patients in REDU will have complex eating disorders and are managed by a very experienced team of nursing and allied health professionals. The appointee will work very closely with the whole team. This is an exciting opportunity for current higher trainees and other staff grade doctors to refresh/learn about eating disorders management within a highly supportive and skilled staff team. It will also provide invaluable experience working with complex patients that have co-morbid presentations who have very carefully thought through care plans and interventions. Appointees, with the appropriate experience, will also be able to carry their own case-load of patients for psychotherapeutic work if they so wish. This will be done under the supervision of the Clinical Lead who is a Consultant Psychiatrist In Medical Psychotherapy (IPT, MBT, psychodynamic) or the Consultant Clinical Psychologist (Schema, CBT, motivational enhancement, compassion focused). Accredited supervision is available.
- 4.3 The appointee will provide general psychiatric and some lower intensity medical services for patients who are undergoing physical and nutritional rehabilitation for severe low weight eating disorder problems. The clinical lead consultant will provide robust support in all aspects of physical management, as will the assigned consultant physician. The appointee will manage the arranged admissions to the ward and the initial clerking, physical investigations and management plan in conjunction with the senior dietician and nursing team. They will attend all ward rounds and the multidisciplinary formulation meetings and 4 weekly review meetings for the patient, as the sessions allow. The appointee will manage email and telephone communications with partner home regional teams immediate and final discharge letters. The appointee will manage the day to day clinical and medical tasks on the ward and develop therapeutic relationships with all the patients to promote their recovery.
- 4.4 The most important aspect of the job will be a willingness to work collaboratively with other members of our highly skilled care team and show a willingness to find consensus in decision making. The other important quality will be an ability to hold very robust boundaries with patients and care plans in order to maintain the patient's care trajectory and sense of regulation.
- 4.5 The most challenging aspect of the job is the optimal care of patients with medical compromise from severe eating disorder, who more than often have psychiatric co-morbidities and challenging behaviours at the same time. The whole team will be highly supportive of any new appointee anyone joining that team will gain invaluable experience about the processes that create a management process of these challenging patients - a hallmark of our care in REDU.
- 4.6 The appointee will work alongside an experienced, 6 session Specialty Doctor, currently in post and provide sessional cross-cover for annual and study leave for each other.

### Out of Hours Commitments:

- The post is 9-5pm and has no out of hours commitment.



**Location:**

- It is anticipated that the principal base of work will be exclusively at St John's Hospital
- As part of your role, you may be required to work at any of NHS Lothian's sites

**Provide high quality care to patients:**

- Maintain GMC specialist registration and hold a licence to practice
- Develop and maintain the competencies required to carry out the duties of the post
- Ensure patients are involved in decisions about their care and respond to their views

**Research, Teaching and Training:**

- Where possible to collaborate with academic and clinical colleagues to enhance NHS Lothian's research portfolio, at all times meeting the full requirements of Research Governance
- To provide high quality teaching to medical undergraduates and members of other health care professions as required by the Clinical Director
- To act as educational supervisor and appraiser as delegated by the clinical Director to ensure external accreditation of training posts with an appropriate allocation of SPA time for these roles

**Medical Staff Management:**

- To work with colleagues to ensure junior doctors' hours are compliant in line with EWTD and New Deal
- To ensure that adequate systems and procedures are in place to control and monitor leave for junior medical staff and to ensure that there is appropriate cover within the clinical areas, including on-call commitments
- To participate in the recruitment of junior medical staff as and when required
- To participate in team objective setting as part of the annual job planning process

**Governance:**

- Participate in clinical audit, incident reporting and analysis and to ensure resulting actions are implemented
- Ensure clinical guidelines and protocols are adhered to by doctors in training and updated on a regular basis
- Keep fully informed about best practice in the specialty areas and ensure implications for practice changes are discussed with the Clinical Director
- Role model good practice for infection control to all members of the multidisciplinary team

**Strategy and Business Planning:**

- To participate in the clinical and non-clinical objective setting process for the directorate

**Leadership and Team Working:**

- To demonstrate excellent leadership skills with regard to individual performance, clinical teams and NHS Lothian and when participating in national or local initiatives
- To work collaboratively with all members of the team
- To resolve conflict and difficult situations through negotiation and discussion, involving appropriate parties
- Adhere to NHS Lothian and departmental guidelines on leave including reporting absence
- Adhere to NHS Lothian values



## Section 5: NHS Lothian – Indicative Job Plan

**Post:** LAS Doctor- Regional Eating Disorders Unit

**Specialty:** Eating Disorders and Psychiatry

**Principal Place of Work:** Regional Eating Disorders Unit

**Contract:** 6 months

**Availability Supplement:** Nil

**Out-of-hours:** Nil

**Managerially responsible to:** Dr Ruairidh McKay, Clinical Lead

**Timetables of activities that have a specific location and time:**

**Indicative Job Plan – 6 PASs over a Mon, Tues and Friday**

DAY / LOCATION	TIME (hrs)	TYPE OF WORK	DCC [PAs]	SPA [PAs]	OOH [PAs]	HOURS
Monday	9.00-1700	Ward	2			8
Tuesday	9.00-1700	Ward	1	1		8
Wednesday						
Thursday						
Friday	9.00-1700	Ward	2			8
<b>TOTALS</b>			<b>5</b>	<b>1</b>		<b>24</b>

The Job Plan is negotiable and will be agreed between the successful applicant, and the Clinical Director. Precise allocation of SPA time and associated objectives will be agreed with the successful applicant and will be reviewed at annual job planning.



## Section 6: Contact Information

Informal enquiries and visits are welcome and should initially be made to:

**Informal enquiries and visits are welcome and should initially be made to:** Dr Ruairidh McKay, Consultant Psychiatrist, The Regional Eating Disorders Unit, Livingston, West Lothian. Tel: 01506 523747 Ruairidh.mckay2@nhslothian.scot.nhs.uk

Dr Wojtek Wojcik, Clinical Director for Specialist Services, Royal Edinburgh Hospital and Associated Specialties (REAS). Email: Wojtek.wojcik@nhslothian.scot.nhs.uk



## Section 7: Working for NHS Lothian

### Working in Edinburgh and the Lothians

#### Who are we?

NHS Lothian is an integrated teaching NHS Board in Scotland providing primary, community, mental health and hospital services. Calum Campbell is the Chief Executive, Professor John Connaghan CBE is the Chair and Tracey Gillies is the Executive Medical Director.

NHS Lothian provides services for the second largest residential population in Scotland – circa 850,000 people. We employ approximately 26,000 staff and are committed to improving all patient care and services and engaging staff in service planning and modernisation.

Over the next year across Scotland there will be significant changes in the way health and social care services are provided. In April 2015, integration came into effect in local areas led by four Health and Social Care Partnerships in East Lothian, Edinburgh, Midlothian and West Lothian. Working together will help us provide even better services for our communities and, where appropriate, people will receive high quality care closer to home. There is work underway in relation to the operational and governance capacity required, ensuring that planning for unscheduled and scheduled care is done in tandem between the four Integrated Joint Boards and the acute service.

Further information about Edinburgh and NHS Lothian can be found on our Intranet site: <https://org.nhslothian.scot/>

#### Location

Edinburgh and the Lothians are on the eastern side of Scotland's central belt in the heart of the country. Four main areas make up Edinburgh and the Lothians – Edinburgh, East Lothian, Mid Lothian and West Lothian.

Edinburgh and the Lothians are a place of exceptional beauty and contrast, from Edinburgh's historic skyline to the scenic countryside and coastline that surround it. Edinburgh is famous for its castle, military tattoo, fringe and international festival.

Edinburgh and the Lothians are home to top-ranking state and private schools and world class universities and colleges. Edinburgh offers a rich diversity of parks and gardens to spend time relaxing with friends and family. Whether you want to buy or rent Lothian also offers a diversity of accommodation ranging from city centre based flats, waterfront living, Victorian or Georgian villas to more rural farm houses or coastal homes.

Local and wider transport networks are excellent. Glasgow is less than 50 minutes away by train. The Scottish Highlands are accessible in a few hours offering opportunities for skiing and walking. National and international transport links make it easy to keep in touch with friends and family via Edinburgh Airport which offers a variety of international flight opportunities.



If you are thinking about joining us from overseas further information can be found at [TalentScotland - find a job in Scotland or attract international talent \(sdi.co.uk\)](http://TalentScotland - find a job in Scotland or attract international talent (sdi.co.uk)).

### What we can offer you

Working with NHS Lothian offers a variety of opportunities and benefits:

- Access to the NHS pension scheme
- Assistance relocating to Edinburgh
- NHS Lothian is an equal opportunities employer and promotes work-life balance and family-friendly policies
- A beautiful setting to live and work and to take time out after a busy day or week
- Access to a transport network offering easy travel links to the rest of the UK and Europe, as well as international options

### Teaching and Training Opportunities

NHS Lothian has one of the largest and some of the most successful teaching hospitals in Scotland. We have a growing national and international reputation for medical teaching and research and are recognised as a centre of excellence.

We successfully train medics, nurses and other healthcare professionals from all over the UK and the world, many of whom choose to remain in employment with NHS Lothian and continue to contribute to the development of the organisation, promoting new techniques and going on to train the doctors, surgeons and nurses of tomorrow.

NHS Education for Scotland (NES) and NHS Lothian recruits junior medical staff both UK and worldwide. We are committed to providing a high standard of medical education and are able to offer training in a variety of specialties at foundation and specialty level, with the majority of training posts in the South East of Scotland rotating through Edinburgh and Lothian hospitals.

Information regarding training with links to the appropriate UK websites can be found at <http://www.scotmt.scot.nhs.uk/> and <http://nes.scot.nhs.uk/>

We enjoy close links with the University of Edinburgh (<http://www.ed.ac.uk/home>) whose Medical School is renowned for preparing its medical students to become world-class doctors. Alongside NHS Lothian, the University of Edinburgh offers state-of-the-art medical teaching facilities at the Chancellors Building, including lecture theatres, seminar rooms, clinical skills training area, computing suites, as well as library facilities at the main university, Western General Hospital and Royal Hospital for Sick Children.



<http://careers.nhslothian.scot.nhs.uk>

## Our vision, values and strategic aims

We strive to provide high quality, safe, effective and person centred healthcare, continually improving clinical outcomes for patients who use our services and for our population as a whole.

To achieve this, we are committed to ever-closer integrated working with patients and our other partners in healthcare and to embedding a culture of continuous improvement to ensure that:

- Our staff can contribute fully to achieving the best possible health and healthcare, based on evidence and best practice
- Everything we do maximises efficiency and delivers value for patients and the public

We have identified six strategic aims to ensure we can deliver safe, effective and person-centred health and social care:

1. Prioritise prevention, reduce inequalities and promote longer healthier lives for all
2. Put in place robust systems to deliver the best model of integrated care for our population – across primary, secondary and social care
3. Ensure that care is evidence-based, incorporates best practice and fosters innovation, and achieves seamless and sustainable care pathways for patients
4. Design our healthcare systems to reliably and efficiently deliver the right care at the right time in the most appropriate setting
5. Involve patients and carers as equal partners, enabling individuals to manage their own health and wellbeing and that of their families
6. Use the resources we have – skilled people, technology, buildings and equipment – efficiently and effectively.

The specific areas of focus and actions needed to achieve each of these aims are detailed in “Our Health, our Future: NHS Lothian Strategic Clinical Framework 2014 – 2024,” consultation document which you will find at:

<https://org.nhslothian.scot/Strategies/Pages/default.aspx>



<http://careers.nhslothian.scot.nhs.uk>

## **Our Health, Our Care, Our Future**

NHS Lothian works to help people live healthier, longer lives – no matter who they are or where in the region they live. Much progress has been made, but significant challenges and opportunities lie ahead. NHS Lothian draft strategic plan - Our Health, Our Care, Our Future – sets out what we propose to do over the coming decade to address these challenges and continue to provide a high quality, sustainable healthcare system for the people of Lothian.

In developing the strategic plan we have:

- asked staff and patients what and how things need to change to deliver our aims
- brought together local plans into an integrated whole
- identified opportunities to make better use of existing resources and facilities
- prioritised areas that will make most difference to patients

The plan outlines a range of proposals, which will allow us to:

- improve the quality of care
- improve the health of the population
- provide better value and financial sustainability

Over the coming months we will discuss the need for change and the proposals set out in the plan with staff, patients, communities and other stakeholders. A summary of the plan can be found at

<https://org.nhslothian.scot/Strategies/OurHealthOurCareOurFuture/Pages/default.aspx>

## **NHS Lothian's Clinical Quality Approach – Quality Driving Improvement**

This is a new way of approaching quality in NHS Lothian. With this approach to service improvement we aim to deliver 'high quality, safe and person-centered care at the most affordable cost'. This acknowledges that every £1million of waste, unnecessary or inappropriate costs in one area of our system, denies us the opportunity to invest that £1million in another area of our system.

In all highly reliable healthcare organisations, it is clear that senior leadership commitment to the importance of the work, the introduction of consistent improvement methodology, the use of good quality data and building improvement capability within the workforce, are key to the successful delivery of improvement strategies.

To allow NHS Lothian to meet the needs of our population today and in the future, we need to build on the good work that is already being done to redesign services and create a whole organisation approach to quality improvement.



<http://careers.nhslothian.scot.nhs.uk>

## **NHS Lothian Values into Action**

NHS Lothian is determined to improve the way their staff work so we have developed a set of common values and ways of working which we need to turn into everyday reality - to the benefit of everyone working in the organisation and, most importantly, to the benefit of people using our services.

Our Values are:

### **Quality**

We continually look for ways to make what we do even better.

### **Dignity and Respect**

People are communicated with in a way that they understand and staff check that the individual has understood the information given.

### **Care and Compassion**

We take time to ensure each person feels listened to, secure, understood and is treated compassionately.

### **Openness, Honesty and Responsibility**

We continually listen & learn from staff, people receiving care, carers and family.

### **Teamwork**

We understand and value each other role and contribution.

Throughout the recruitment process candidates will need to demonstrate they meet all of Our Values. More information on Our Values can be found by clicking on the link at the bottom of our Careers website front page: <https://careers.nhslothian.scot/>



## Section 8: Terms and Conditions of Employment

For an overview of the terms and conditions visit: <http://www.msg.scot.nhs.uk/pay/medical>.

<b>TYPE OF CONTRACT</b>	<b>FIXED TERM: 6 Months</b>
<b>GRADE AND SALARY</b>	<b>Locum Appointment for Service</b>
<b>HOURS OF WORK</b>	<b>24 HOURS PER WEEK</b>
<b>SUPERANNUATION</b>	New entrants to NHS Lothian who are aged sixteen but under seventy five will be enrolled automatically into membership of the NHS Pension Scheme. Should you choose to "opt out" arrangements can be made to do this via: <a href="http://www.sppa.gov.uk">www.sppa.gov.uk</a>
<b>REMOVAL EXPENSES</b>	Assistance with removal and associated expenses may be awarded
<b>EXPENSES OF CANDIDATES FOR APPOINTMENT</b>	NHS candidates who are requested to attend an interview will be given assistance with appropriate travelling expenses. Reimbursement shall not normally be made to employees who withdraw their application, refuse an offer of appointment. Non NHS employees are not normally awarded travel expenses.
<b>TOBACCO POLICY</b>	NHS Lothian operates a No Smoking Policy in all premises and grounds.
<b>DISCLOSURE SCOTLAND</b>	This post is considered to be in the category of "Regulated Work" and therefore requires a Disclosure Scotland Protection of Vulnerable Groups Scheme (PVG) Membership.
<b>CONFIRMATION OF ELIGIBILITY TO WORK IN THE UK</b>	NHS Lothian has a legal obligation to ensure that it's employees, both EEA and non EEA nationals, are legally entitled to work in the United Kingdom. Before any person can commence employment within NHS Lothian they will need to provide documentation to prove that they are eligible to work in the UK. Non EEA nationals will be required to show evidence that either Entry Clearance or Leave to Remain in the UK has been granted



	for the work which they are applying to do. Where an individual is subject to immigration control under no circumstances will they be allowed to commence until right to work in the UK has been verified.
<b>REHABILITATION OF OFFENDERS ACT 1974</b>	The rehabilitation of Offenders act 1974 allows people who have been convicted of certain criminal offences to regard their convictions as “spent” after the lapse of a period of years. However, due to the nature of work for which you are applying this post is exempt from the provisions of Section 4 of the Rehabilitation of Offenders Act 1974 by virtue of the Rehabilitation of Offenders Act 1974 (Exceptions Orders 1975 and 1986). Therefore, applicants are required to disclose information about convictions which for other purposes are “spent” under the provision of the act in the event of employment, failure to disclose such convictions could result in dismissal or disciplinary action by NHS Lothian. Any information given will be completely confidential.
<b>MEDICAL NEGLIGENCE</b>	In terms of NHS Circular 1989 (PCS) 32 dealing with Medical Negligence the Health Board indemnity will cover only Health Board responsibilities. Paragraph 63 of the General Medical Council's Good Medical Practice requires you to have adequate insurance or indemnity cover. You may wish to consider taking out additional medical indemnity e.g. with a Medical Defence Organisation to ensure that you have indemnity for the whole of your practice.
<b>NOTICE</b>	Employment is subject to one month notice on either side, subject to appeal against dismissal.
<b>PRINCIPAL BASE OF WORK</b>	You may be required to work at any of NHS Lothian sites as part of your role.
<b>SOCIAL MEDIA POLICY</b>	You are required to adhere to NHS Lothian’s Social Media Policy, which highlights the importance of confidentiality, professionalism and acceptable behaviours when using social media. It sets out the organisation’s expectations to safeguard staff in their use of social media.



## Section 9: General Information for Candidates

### Application Process

- The purpose of an application form is to help evidence that the applicant has all the requirements applicable to carry out the job applied for.
- It is essential to read both the job description and the person specification to gain a full understanding of what the job entails and the minimum criteria required.
- Please note for equal opportunity purposes NHS Lothian do not accept CV's as a form of application.
- Your personal information will not be sent with the application for shortlisting. The application form will be identified by the candidate number only to ensure that no applicant will be unfairly discriminated against.
- Please complete all sections of the application form. Those sections that are not relevant please indicate 'not applicable', do not leave blank.
- Please visit <https://apply.jobs.scot.nhs.uk> for further details on how to apply.

### Job Interview Guarantee Scheme

As a Disability Confident Employer we recognise the contribution that everyone can make to the organisation. As part of our ongoing commitment to eliminate discrimination and advance equality for disabled people, all applicants who are disabled (including people who are neurodivergent) and who meet the minimum criteria expressed in the job description will be guaranteed an interview. Applicants are required to complete the relevant section of the application form to access this initiative.

We will arrange for adjustments at interviews for disabled candidates. For advice on what adjustments can be made and how to ask for them please click on this link:

<https://www.scope.org.uk/advice-and-support/ask-for-adjustments-at-interview>

### References

All jobs are only offered following receipt of three satisfactory written references. At least one reference must be from your current/most recent employer or your course tutor if you are currently a student. If you have not been employed or have been out of employment for a considerable period of time, you may give the name of someone who knows you well enough to confirm information given and to comment on your ability to do the job.

### Disclosure and Rehabilitation

The rules around criminal convictions and disclosure are complicated, so it is important you read the guidance below as part of making your application.



NHS Scotland is exempt from the 1974 Rehabilitation of Offenders Act (Exclusions & Exceptions) (Scotland) Order 2003. As part of any offer of employment, candidates will be subject to one of the following:

- For posts in regulated work – Protection of Vulnerable Groups Scheme membership
- For all other posts which are subject to a criminal conviction record check – A Police Act check
- For posts not subject to a criminal conviction record check – A self-declaration

For further information please visit our careers site:

<https://careers.nhslothian.scot/recruitment-of-people-with-convictions/faq-disclosure-scotland-and-self-declaration-forms/>

### **Disclosure Scotland**

Where a Police Act Disclosure or Protection of Vulnerable Groups Check is deemed necessary for a post, the successful candidate will be required to undergo an appropriate check. Further details on the Recruitment of Ex-Offenders are available on our careers webpage: <https://careers.nhslothian.scot/recruitment-of-people-with-convictions/>

### **Work Visa**

If you require a Work Visa, please seek further guidance on current immigration rules, which can be found: <https://www.gov.uk/government/organisations/uk-visas-and-immigration>

### **Overseas Registration and Qualifications**

NHS Lothian will check you have the necessary professional registration and qualifications for this role. You will need to provide an official translation of qualifications notarized by a solicitor of your overseas qualifications to be checked by the recruiting panel. Please ensure that this is available before applying for the post.

### **Data Protection Act**

During the course of our activities we will collect, store and process personal information about our prospective, current and former staff. The law determines how organisations can use personal information. For further information on the type of data that is handled, what the purpose is of processing the data and where and why we share data, please see the NHS Lothian Staff Privacy Notice, found at:

<http://intranet.lothian.scot.nhs.uk/HR/az/staffprivacynotice/Pages/default.aspx>

For the purposes of this privacy notice, 'staff' includes applicants, employees, workers (including agency, casual and contracted staff), volunteers, trainees and those carrying out work experience.



## Counter Fraud

NHS Lothian is under a duty to protect the public funds it administers, and to this end will use the information you have provided on your application form for the prevention and detection of fraud. It will also share this information with other bodies responsible for auditing or administering public funds for these purposes. More detail on this responsibility is on NHS Lothian intranet (Counter-Fraud and Theft page) and further information is available on the Audit Scotland website: <https://audit.scot/>

## Workforce Equality Monitoring

NHS Lothian is committed to supporting and promoting dignity at work by creating an inclusive working environment. We believe that all staff should be able to fulfil their potential in a workplace free from discrimination and harassment where diverse skills, perspectives and backgrounds are valued.

In order to measure and monitor our performance as an equal opportunities employer, it is important that we collect, store and analyse data about staff. Personal, confidential information will be collected and used to help us to understand the make-up of our workforce that will enable us to make comparisons locally, regionally and nationally.

## Equal Opportunities Policy Statement

NHS Lothian considers that it has an important role to play as a major employer and provider of services in Lothian. We are committed to encouraging equality and diversity among our workforce, and seek to eliminate discrimination. The aim is for our workforce to be truly representative and for each employee to feel respected and able to give their best.

The objectives of its policy are that no person or employee receives less favourable treatment on the grounds of gender identity, gender expression, disability, marital status, age, race (including colour, nationality, ethnic or national origin), religion or belief, sexuality, responsibility for dependants, socio-economic status, political party or trade union membership or activity, HIV/AIDS status or is disadvantaged by conditions or requirements which cannot be shown to be justifiable.

Our Equal Opportunities in Employment policy can be viewed on our careers website: <https://careers.nhslothian.scot/equal-opportunities/>

## NHS Staff Benefits

As a staff member in NHS Lothian, you will have access to a wide variety of offers and discounts from local and national businesses. For more information and to view these discounts, visit <https://www.nhsstaffbenefits.co.uk/>



## Section 10: Staff Support & Wellbeing

### Supporting the work life balance

NHS Lothian is committed to supporting our staff achieve a good work life balance. We have several policies in place to support this ranging from flexible work location to career break, full details of all the policies can be found at <https://workforce.nhs.scot/>

### Carers Passport

NHS Lothian has introduced a Carers Passport which is intended to help support staff with caring responsibilities manage their work and caring responsibilities. Completion of the passport is voluntary, and it designed to be completed with reference to the NHS Scotland Workforce Policies: <https://workforce.nhs.scot/> which support work life balance e.g. Flexible Work Pattern, Flexible Work Location and Special Leave.

### Staff Support and Wellbeing

NHS Lothian's vision is to promote, support and encourage staff to look after their own health, wellbeing and resilience (self-care). We have a wellbeing strategy and run regular events across the year on different health and wellbeing topics.

<https://org.nhslothian.scot/strategies/work-well-staff-wellbeing-strategy/>

We have a range of support options for our staff, these include staff counselling, peer support, 'Here 4 U' our psychological support service, staff listening service and occupational health.

## Section 11: Equality and Diversity

### Statement of Intent

NHS Lothian is committed to supporting and promoting dignity at work by creating an inclusive working environment. Working with our Staff Networks and Staff Side Organisations, we have agreed a Statement of Intent in relation to equality, diversity and inclusion as follows:

We continue to learn and build on our inclusive culture to make NHS Lothian a great place to work where our staff feel respected and valued. We are committed to recruiting a workforce that fully reflects and embraces the diverse make-up of our society. At NHS Lothian, we take a zero tolerance approach to discrimination and provide our staff with the leadership, tools and confidence to challenge discrimination and prejudice. We are a place where everyone can thrive and have good and respectful relationships with different groups of staff. Where everyone can develop and succeed based on their skill, knowledge and talent, regardless of age, disability, gender reassignment, race, religion or belief, sex, sexual orientation, marriage or civil partnership, pregnancy and maternity, socio-economic background, care experience or anything else that can be used to differentiate people from one another. We offer first-class flexible working benefits, excellent employee well-being support and a great pension. We are fortunate to have a range of excellent Staff Networks and are proud to be a



Disability Confident, Carer Positive and Living Wage Accredited employer with a partnership agreement with Trade Unions. We will fully support candidates with a disability, long-term condition or who are neurodivergent, and require adjustments in our recruitment process. We actively welcome applications from anyone who shares our commitment to equality and inclusion.

### **Equality and Human Rights Strategy 2023 – 2028**

NHS Lothian wants to improve the health of everyone in Lothian so that everyone lives a longer, healthier life, with better experiences and outcomes including people who work for and with us. Our equality and human rights strategy supports us to put equality and human rights at the centre of everything we do so that we achieve these aims and meet our legal requirements. It sets out six strategic priorities – each on helping us understand and act on the experiences and needs of people who work for us and use our services. Our priorities are:

1. Equality and human rights are a central part of our planning, decision-making, delivery and reporting.
2. We are an anti-racist organisation, and our work helps to eliminate racism and remove racialised inequalities and prejudice.
3. We anticipate and meet the needs of disabled people so they can access services, employment opportunities and have better outcomes.
4. We are gender inclusive, we do not discriminate on grounds of sex or gender identity and our work helps to tackle persistent gender inequalities.
5. We support people who use our mental health services and people with dementia to know about and claim their rights, and to make decisions about their care and treatment.
6. We reap the benefits of equality and human rights education and training.

### **Anti-racism**

As a healthcare provider and employer NHS Lothian has a duty to stop racism, inequality, and discrimination. We have acknowledged and apologised for NHS Lothian's historical connections with transatlantic slavery and the impact on all the people who suffered. We are implementing recommendations made by an Independent Advisory Group to ensure we learn from our past and build a better future for everyone. More information, including a short video, is available on the NHS Lothian website: <https://org.nhslothian.scot/aboutus/atlantic-slavery-and-the-royal-infirmary-of-edinburgh/>

We have launched our anti-racism campaign, 'We are NHS Lothian':

<https://www.facebook.com/lothian.nhs/videos/927242979125104/> to encourage everyone to understand and acknowledge racism and take action to eliminate it. The campaign aims to drive forward the work NHS Lothian has started to achieve meaningful change in the diversity of its workforce and to embed a respectful, tolerant and inclusive culture for everyone.



## Reasonable Adjustments

NHS Lothian strives to be an exemplary employer and an “employer of choice” by doing the following to support disabled staff:

- Creating a positive organisational culture where every individual employee is valued for the specific skills that they bring with them into the workplace;
- Enabling staff to feel empowered and to speak up when they require support;
- Helping staff to feel safe in sharing their personal information regarding their disability in order that the organisation can continue to improve support and awareness for the benefit of everyone;
- Creating a management culture where supporting disabled staff is delivered in a positive manner and based upon the desire to retain valuable skills within the organisation and not solely on any legal requirement to do so.

NHS Lothian recognises it has a duty to make reasonable adjustments for disabled applicants and employees. NHS Lothian aims to ensure that it takes all reasonable steps to remove or adapt any provision, criterion or practice, or physical feature of premises that may put a disabled person at a disadvantage at any stage of employment. Wherever possible, we are committed to providing auxiliary aids and making sure information is provided in an accessible format to make sure disabled people are not put at a disadvantaged. Further information on the adjustments that may be made are outlined in our <https://careers.nhslothian.scot/wp-content/uploads/2024/03/Reasonable-Adjustments-Guidance.pdf>

## Disability Passport

NHS Lothian has introduced a Disability Passport:

<https://careers.nhslothian.scot/wp-content/uploads/2024/03/Reasonable-Adjustments-Guidance.pdf> which is intended to guide a conversation between the staff member and their line manager to find the best ways to reduce barriers and enable staff to thrive in their roles. It provides a framework within which to discuss the staff member’s disability and what changes/adjustments can be made at work to assist them. Completion of the passport is voluntary, and it designed to be completed with reference to NHS Lothian’s Reasonable Adjustment Guidance.

## NHS Lothian Staff Networks

There are currently seven NHS Lothian staff networks:

- **BME Network** - primarily aimed at NHS Lothian employees from Black or Minority Ethnic backgrounds but open to any staff interested in helping to improve inclusion in NHS Lothian.
- **Carers Network** – open to any member of staff who has an unpaid caring role
- **Care Experienced Network** – open to any member of NHS Lothian staff, with a focus on supporting Care Experienced staff.
- **Disabled Employee Network (DEN)** – open to any member of NHS Lothian staff who identifies as disabled, neurodivergent, or with a long-term health condition. You



don't need a formal diagnosis, and you don't need to disclose your condition to your line manager or to other DEN members.

- **LGBT+ Staff & Allies Network** - primarily aimed at NHS Lothian employees who identify as LGBT+ but open those who identify as allies or have a positive interest in LGBT+ matters
- **Women's Network** - a network for all to join, encouraging inclusion and diversity, regardless of gender identity
- **Young Employee Network** - primarily aimed at young NHS Lothian staff but no fixed age limit and open to anyone with a positive interest in the network's ambitions

The networks have been established to advance equality for groups of staff we know are more likely to experience disadvantage, be under-represented or have different needs. They aim to provide peer support, social events, networking and a point of contact on equality and diversity issues. The networks are involved in creating the annual Advancing Equalities Action Plan and moving actions forward, thus helping to improve the working lives of all NHS Lothian staff.

Information about all staff networks can be found on the NHS Lothian website:

<https://staff.nhslothian.scot/staffnetworks/>

### **Workplace Equality Monitoring**

In order to monitor the organisation's performance as an equal opportunity employer, NHS Lothian will request and retain data on the protected characteristics of its workforce. This data is processed and retained in line with the Data Protection Act 1998. The disclosure by applicants and staff of their protected characteristics is voluntary but this data is invaluable to NHS Lothian as it enables accurate review of progress and highlights any areas where NHS Lothian is failing to advance equality. The data is anonymised prior to analysis, review and reporting. It plays no part in making decisions about individual employees. Its function is to help make evidence based decisions about the organisation's equality performance in relation to employment.

### **Equality, Diversity and Human Rights Strategy**

NHS Lothian considers that it has an important role to play as a major employer and provider of services in Lothian. As outlined in our Statement of Intent, we are committed to encouraging equality and diversity among our workforce, and seek to eliminate discrimination. The aim is for our workforce to be truly representative and for each employee to feel respected and able to give their best. Our Equality, Diversity and Human Rights Strategy: <https://org.nhslothian.scot/equality-human-rights/> sets out our commitment to these principles and sets out the approach to be followed to ensure that these principles are consistently met.

### **Equality and Human Rights Team**

NHS Lothian has an Equality and Human Rights Team who can provide advice and guidance on equality and human rights compliance and best practice in NHS Lothian. They can be contacted by emailing [loth.equalityandhumanrights@nhslothian.scot.nhs.uk](mailto:loth.equalityandhumanrights@nhslothian.scot.nhs.uk)



<http://careers.nhslothian.scot.nhs.uk>