



**CONSULTANT IN
ACUTE MEDICINE AND INFECTIOUS
DISEASES**

Prepared April 2025



CONTENTS



Living in Tayside	3
Background Information	6
Person Specification	8
Suggested Job Plan	10
Acute Medicine	11
Further Information	14

LIVING IN TAYSIDE

When choosing somewhere to work and live, quality of life is key. Dundee is one of the few locations in the UK which combines the best of both worlds – city facilities on a friendly community scale and easy access to some of the most stunning countryside in Scotland.

Set on the spectacular Tay Estuary, Dundee is a city in a landscape of wild beaches, rolling golf courses, quaint coastal villages and beyond them Scotland's famous mountains and glens – providing a range of lifestyle choices and house prices unbeaten by other Scottish cities.

The salaries of employees in Dundee currently go further on the property ladder than almost any other city in the UK. The average UK house price is six times the average salary, while in Dundee the ratio is just under four times salary. The range of properties within commuting distance to the University covers the widest spectrum – from rambling country houses and seaside cottages to handsome town villas and sleek city quay apartments. Dundee has put enormous effort into the redevelopment of the city centre and its stunning waterfront along the Tay is now being developed.

Excellent shopping sits side-by-side with a vibrant cultural quarter – home to Scotland's award-winning Dundee Rep Theatre and the highly acclaimed Dundee Contemporary Arts which has become a lively social hub and film house as well as a champion of leading edge arts. These are among the closest neighbours to our city centre campus. In addition, Dundee is the home of the 'V&A At Dundee', a new development housed in an award-winning, iconic building designed by Kengo Kuma.



V&A Museum & The Discovery, Dundee

Dundee is a post-industrial city which has worked hard to reinvent itself and today the University is a key economic driver for prosperity, particularly in the life sciences and medicine. The University is involved in a range of partnership initiatives including a strong access programme and social, education, cultural, business and voluntary partnerships aimed at raising confidence, skills and achievement. The University has excellent working relationships with the City Council, other local authorities, Scottish Enterprise Tayside (the local economic development company), NHS Tayside and a range of other local & national bodies in Scotland and the UK.

Dundee has become known as the City of Discovery – the place where Captain Scott of the Antarctic’s ship, the RRS Discovery was built and is now permanently berthed. It is a link which serves contemporary Dundee well with its reputation as a strong research led environment. The University is one of the three biggest employers and the ratio of students and university personnel to general population is among the highest in Scotland.

The highest levels of annual sunshine, more green spaces and the purest air quality of any city in Scotland make Dundee a pleasant place to live and comparatively low levels of traffic cut the daily “hassle factor” considerably. An apocryphal tale has it that the local radio station has on occasion warned of traffic jams “causing delays of up to three minutes”.

Dundee is also renowned as a friendly city where it is easy to mix. If your passion lies with the green, Tayside and North East Fife is one of the best places in the world for access to quality and affordable golf. 18 championship golf courses lie within 30 minutes and include St Andrews, the home of golf, Carnoustie and Gleneagles, which hosted the Ryder Cup in 2014. Within similar reach lie spectacular opportunities for everything from water sports to mountaineering, fishing and hillwalking.



View from Kinnoull Hill

There are 41 primary schools in the region feeding into ten secondary schools. In the private sector, Dundee High School is one of the leading fee paying schools in Scotland, consistently scoring well on academic and sporting achievement. Pre-school education is widely provided including a number of excellent private nurseries.

Dundee is just a 90 minute drive from 90% of Scotland's population. Edinburgh is less than an hour away and Glasgow around an hour and a half by road or rail.

If London beckons, you can travel for a meeting and back on the same day using Dundee Airport, flying direct to London Heathrow Airport. Short check-in times are an extra bonus and crystallise the quality of life enjoyed in this part of the world.

For more information about Dundee please see:
<http://www.conventiondundeeandangus.co.uk> and
<http://www.angusanddundee.co.uk>



View of Perth City

BACKGROUND INFORMATION



This post offers the opportunity to live and work in the Tayside region of central Scotland, widely regarded as one of the most scenic areas in the UK with a high quality of life.

NHS Tayside is the 4th largest board in Scotland led by our Chief Executive, Nicky Connor, our Medical Director Dr James Cotton and our Nurse Director, Simon Dunn.

Tayside covers a wide area and three local councils (Perth & Kinross, Angus and Dundee City) but patients from North Fife also access services in Tayside. There are joint services between NHS Tayside and NHS Fife including ENT, Vascular Surgery and Interventional Radiology.

The approximate populations are:

- Tayside Population 410,000
 - Angus 116,000
 - Dundee 149,000
 - Perth and Kinross 148,000
- North East Fife 74,000

Ranked 1st in the UK for Medicine in the Complete University Guide 2021 and the Guardian University Guide 2021, the University of Dundee Medical School is integrated into the Ninewells Hospital campus and has an international reputation for excellence in teaching and high impact clinical research placing it amongst the best places in the world to study and to practice medicine.

NHS Tayside is regarded as a forward looking health board. Each local council now has an Integrated Joint Board (IJB). Medicine for the Elderly is also hosted by the IJBs and further development for other health services to be hosted by IJBs rather than NHS Tayside is ongoing. NHS Tayside has a national reputation for models of service development, health informatics and quality improvement.

The new Academic Health Sciences Partnership in Tayside [AHSP] provides a unique environment and opportunity in Scotland to improve patient outcomes through a cohesive and integrated infrastructure for delivering service improvement, research, education and learning underpinned by world leading informatics.

There are two hospitals which admit acute general medical patients and provide in-patient services; Ninewells Hospital, Dundee and Perth Royal Infirmary. The hospitals are 20 miles apart and there is a direct bus service to facilitate travel. There are a number of intermediate care hospitals in Angus and Perth & Kinross which also provide out-patient services. Ninewells Hospital and Medical School is a large teaching hospital for the University of Dundee and houses most medical and surgical disciplines with supporting laboratory services. Stracathro Hospital has been developed as an outpatient diagnostic and treatment centre.



View across Dundee City

PERSON SPECIFICATION


NHS Tayside is committed to the principle of equality of opportunity in employment and accordingly its advertising and recruitment literature will not imply that there is a preference for any one group of applicants, e.g. by the use of discriminatory job titles or material depicting or describing certain sexual or racial groups.

In general, the shortlisting process will be conducted so as to give all candidates equal consideration against defined selection criteria. The following criteria will, therefore, be applied equally to all candidates irrespective of age, sex, religion, ethnic origin or disability and avoiding judgements on the basis of assumptions or stereotypes.

Criterion	Essential	Desirable
Length of Service	Completion of ST or equivalent training in General (Internal) Medicine or Acute Medicine. Completion of ST or equivalent training in Infectious Diseases.	Completion of ST or equivalent training in a medical speciality.
Qualifications (-accredited by relevant committee)	Candidates should possess MRCP and be on the GMC Specialist Register in General Medicine or be within 6 months of the anticipated award of CCT or already in possession of CESR (CP) at the time of interview for the post	MD / PhD

Criterion	Essential	Desirable
Advanced Clinical Training & experience	None	Specialist training or experience in another medical speciality
Teaching Experience	Prior evidence of teaching	Recognition of Trainer
General Experience	Should have worked in Acute Medical units and be able to manage the acute unselected take.	Experience of Ambulatory Emergency Care
Particular Requirements +/- areas of special interest	Ability to travel from main base to other NHS Tayside sites.	Evidence of involvement in new service, teaching +/- training development
Research & Publications	Understanding of research methodology and its application.	Evidence of involvement in research
Leadership & Management Training	Basic understanding of NHS Management structure	Management Training or previous management post
Audit / Quality & Safety Activity	Show evidence of regular involvement in such activities	

SUGGESTED JOB PLAN



The successful applicant will be offered a 10 PA job (8:2 Direct clinical care (DCC):supporting professional activity (SPA) split) and will contribute to:

- Acute Medicine in Ninewells Hospital including weekends (1 in 6) and overnight on call (4.5 PAs)
- Infectious Diseases including on-call duty, OPAT and HIV clinic (2.5 PAs)
- HCID preparedness (1PA)
- SPA (2PAs) - 1CPD, 1 clinical and educational supervision

Depending on the successful applicant's interests and competence there is also the opportunity to have job planned sessions in a variety of medical specialities. Any other areas of speciality interest will be considered including academic or educational posts. Please contact us to make further enquiries.

There will be SPA time for personal CPD and Educational Supervision.

Indicative job plans above for illustration – final job plan will be agreed with the successful candidate on appointment

ACUTE MEDICINE



NHS Tayside has long been at the forefront of innovating and efficient Unscheduled care. The delivery of safe and effective care is achieved by a collaborative approach to managing unscheduled demand across acute services, our 3 Health & Social Care Partnerships, Primary Care and partner agencies such as NHS 24 and Scottish Ambulance Service. NHS Tayside's Unscheduled Care Board has representatives from all key areas and services and acts as a forum for learning, discussion and the identification of a joint vision and a shared set of priorities.

Unscheduled Medicine consists of a 30 bedded Acute Medical Assessment Unit (AMU), Ambulatory Assessment Area, 16 bedded Short Stay Medicine Unit and 18 beds in an Acute Medicine for the Elderly Unit (run by MFE).

The unit receives between 1200 and 1600 patient referrals per month, 70% directly from the community, and works collaboratively with multi-disciplinary teams to deliver high quality urgent assessment and care for unselected acute medical admissions.

The Acute Medicine Team is comprised of a team of 6.5 WTE Acute Physicians in addition to a specialty doctor, doctors in training, GPs with a special interest alongside our team of dedicated nurses, ANPs, pharmacist and AHPs. There are also speciality consultant twice daily in-reach to support early assessment and senior decision making, reduce duplication and ensures patients have early access to the specialist care that they require. This collaborative model has proved a great success, creating a shared ownership and improved management of capacity and flow in unscheduled medical care.

The primary function of AMU is to "assess to admit". The philosophy of assessment rather than admission ensures appropriate use of capacity and ensure patients receive their care and treatment in the most appropriate environment.

Our medical model begins pre-hospital and consists of a successful dedicated Prof-to-Prof advice and admission service for GP and Scottish Ambulance Service colleagues to ensure Right Care, Right Place. This is coupled with person-centred outpatient pathways that have reduced hospital admissions. We hope to continue to develop and expand these pathways through out work in Interface Care and our aim to deliver care closer to home.

This post aims to enhance and develop the close relationship between the acute and general medical teams with major medical specialties as part of our medical receiving model.

The highly developed ambulatory service deals with over 20% of all referrals. The new model has led to a large increase in front-door discharges, 70% within 72 hours, which has helped reduce bed occupancy in medicine to 90%. This success has attracted praise and interest from Scottish Government and other health boards.

Out of Hours Service

The evening unscheduled care service in Medicine is provided by an Acute Physician, MFE Consultant and Speciality in-reach teams with senior trainee support.

The weekend service is provided by a number of medical consultants including an interventional and non-interventional Cardiologist, Gastroenterologist, HDU Consultant, MFE Consultant, Nephrologist, Respiratory Physician, Stroke Physician.

The post holder will be expected to contribute to the weekend service 1:6 and overnight on-call 1:20.

There is 24 hour Interventional Radiology cover and a 24 hour GI bleeding rota. Other tertiary specialist services on site include Haematology, Oncology, Neurology and Neurosurgery.

Educational Supervision & Teaching

AMU/SSM have 20 trainees of varying grades. There is a structured teaching programme which has received excellent feedback.

There is an expectation for the post holder to become a recognised trainer and to take on educational and clinical supervision of trainees across grades. The post holder would be expected to contribute to ward based undergraduate teaching and there are opportunities to develop a more formal teaching role through the University of Dundee.

There is a strong clinical governance framework, with 0.5 PA of consultant time given to the Clinical Governance lead.

INFECTIOUS DISEASES

Infectious diseases duty rota (week on at a time, total 8 weeks of the year)
(2PA)

The weekly ID duty rota includes:

- Twice weekly consultant ward rounds
- Daily review of new admissions under ID
- Daily in-reach to acute medical unit (AMU)
- Supervision/delivery of daily bacteraemia consult service
- Supervision/delivery of email advice and consultation service
- Orthopaedic infection advice when Dr Munteanu is unavailable[cm1]
- OPAT MDT when Dr Mooka is unavailable
- Leadership of daily general ward safety meeting.
- 4th Year Medical Student block teaching and assessment (4-5 students per week)
- Clinical supervision of junior doctors.


High Consequence Infectious Diseases (HCID) Preparedness (1PA)

Contribution to organisational preparedness for High Consequence Infectious Disease (HCID). This would include training of medical, nursing and allied healthcare professionals in the use of HCID personal protective equipment (PPE) in addition to supporting implementation and revision of clinical pathways to support the assessment and management of patients with suspected HCID.

Other ID commitment – TBC (OPAT, HIV medicine etc) (0.5PA)

Additional ID commitments will be agreed mutually between the appointed candidate, service and clinical director. Depending on the candidate, this may include participation in HIV outpatient clinic service (including outpatient clinic and MDT) or contribution to OPAT service (including leading weekly OPAT MDT).

FURTHER INFORMATION



For further discussion about the post or to arrange a visit please contact the Clinical Director, Clinical Care Group Manager or any of the Clinical Leads.

- Clinical Director (Unscheduled Medicine) -
Dr Helen Elder, email: helen.elder3@nhs.scot
- Clinical Care Group Manager (Unscheduled Medicine) -
Audrey Irvine, email audrey.irvine@nhs.scot
- Clinical Lead (Acute Medicine) -
Dr Achyut Valluri, email achyut.valluri2@nhs.scot
- Clinical Director (Elective Medicine)
Dr Stuart Hutcheon, email: stuart.hutcheon2@nhs.scot
- Clinical Care Group Manager (Elective Medicine)
Lynne Buttercase, email: lynne.buttercase2:nhs.scot
- Clinical Lead (Infectious Diseases)
Dr Nik Rae, email: nikolas.rae@nhs.scot

NHS Tayside is committed to equality & diversity and welcomes applicants from all sections of the community