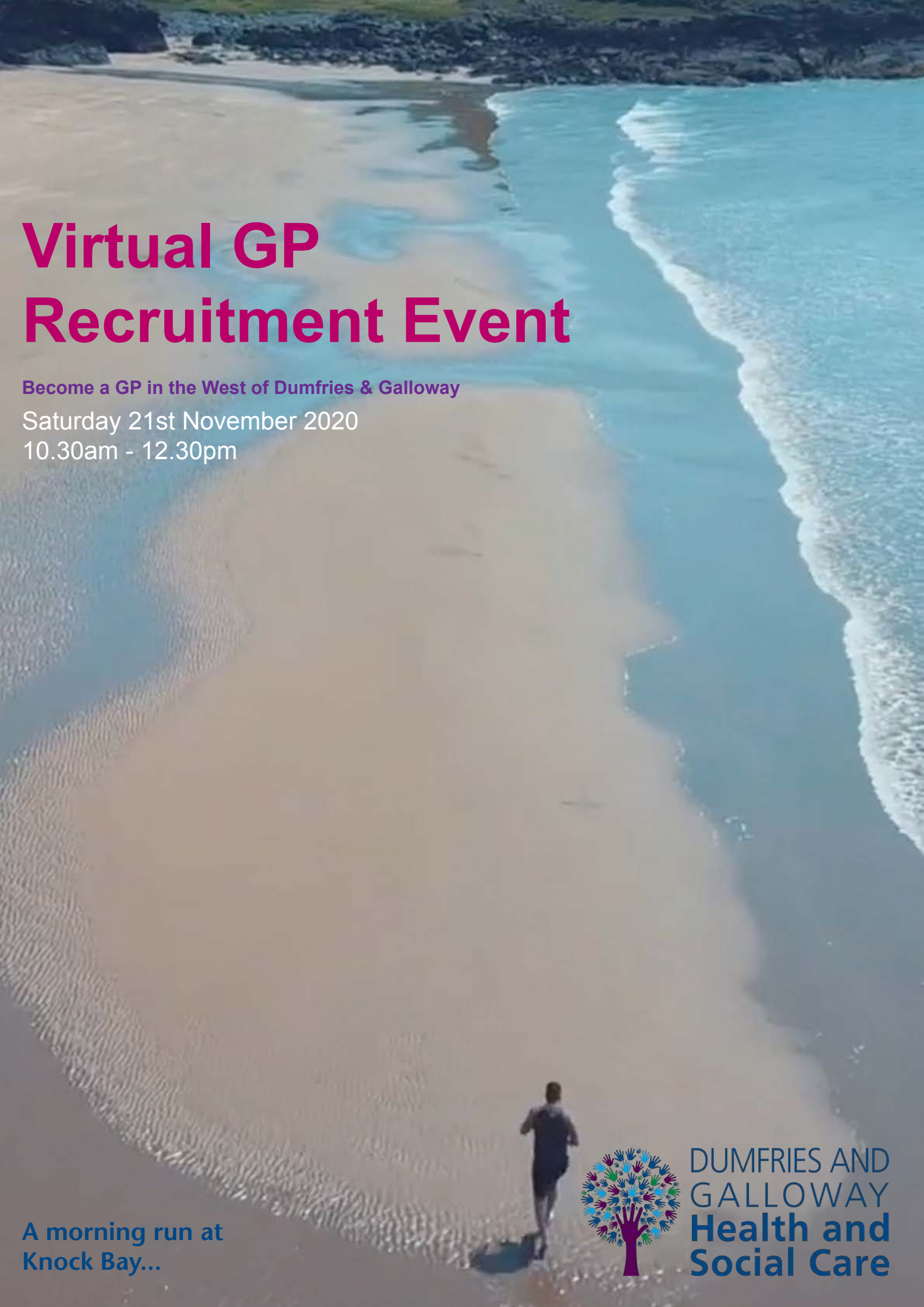

Virtual GP Recruitment Event

Become a GP in the West of Dumfries & Galloway

Saturday 21st November 2020
10.30am - 12.30pm

A morning run at Knock Bay...

DUMFRIES AND GALLOWAY
Health and Social Care

Where is Dumfries & Galloway?

Nestled in the South West of Scotland, Dumfries & Galloway has a lot to offer in terms of career progression, work-life balance and social activities. The area is famous for outdoor pursuits, a vibrant food and drink culture, as well as unique arts and entertainment offerings.

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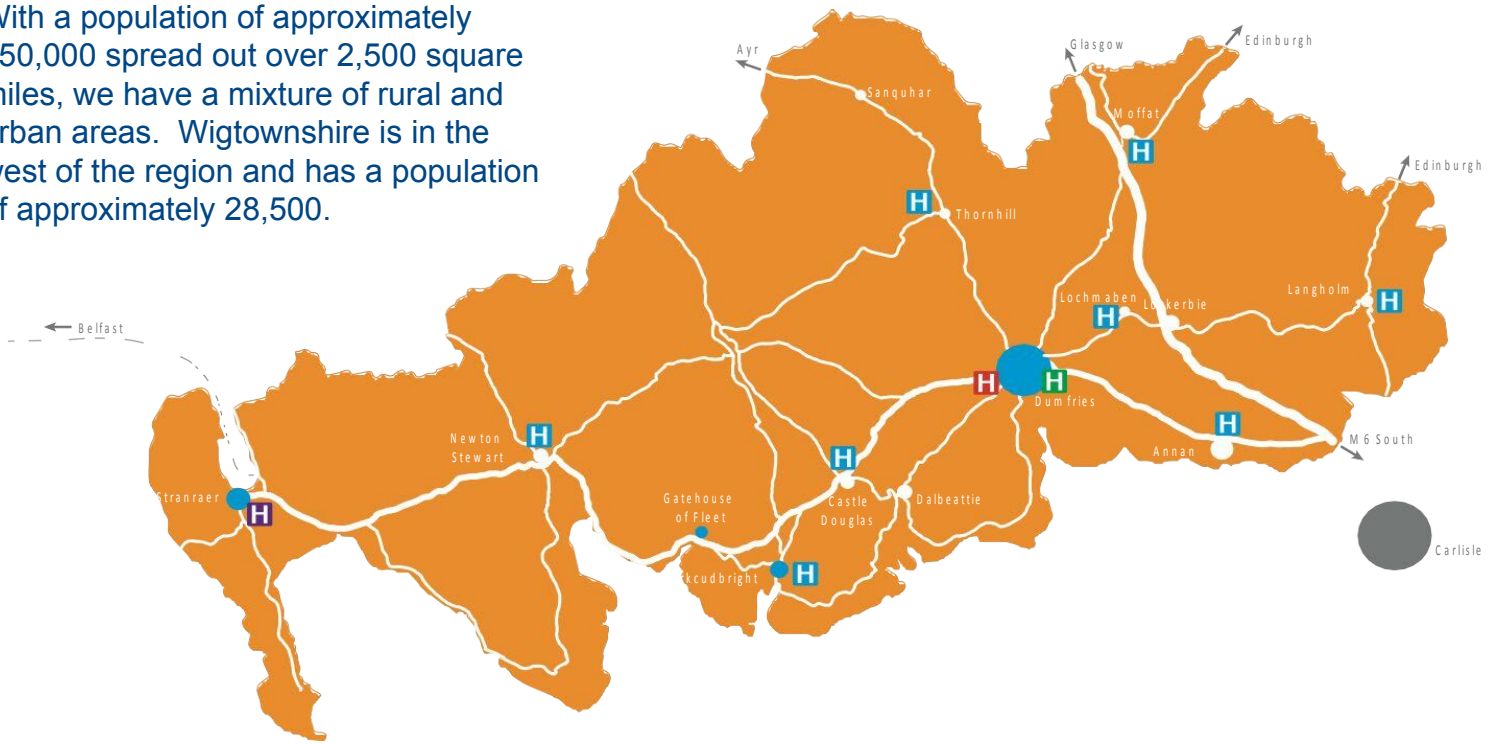
With a population of approximately 150,000 spread out over 2,500 square miles, we have a mixture of rural and urban areas. Wigtownshire is in the west of the region and has a population of approximately 28,500.



Galloway Hills Medical Group

2 WTE GPs 2 WTE Advanced Nurse Practitioners 1 Part-Time Practice Nurse	2 WTE Health Care Assistants 1 Practice Manager 5.6 WTE Administration Staff	Health Centre, Creebridge, Newton Stewart The Surgery, St Couans Crescent, Kirkcowan High Vennel, Wigtown www.gallowayhillsmedicalgroup.co.uk **List Size - 4,700**

Key Features

- Forward thinking, friendly and hard working team
- We offer well established, new GMS contract services
- Early adopters of Community Home Teams/ Cottage Hospital

We are a forward thinking, patient centred, rural practice looking for a third GP to join our team following a GP retirement. We are located in beautiful, unspoilt South West Scotland. We combine the best of traditional family medicine with innovative modern medical practices.

We are early implementers of new GP contract services and have a 5 day a week paramedic delivered house visiting service, a practice primary care mental health nurse, and an award winning comprehensive pharmacotherapy service. We strive to achieve the right work life balance.

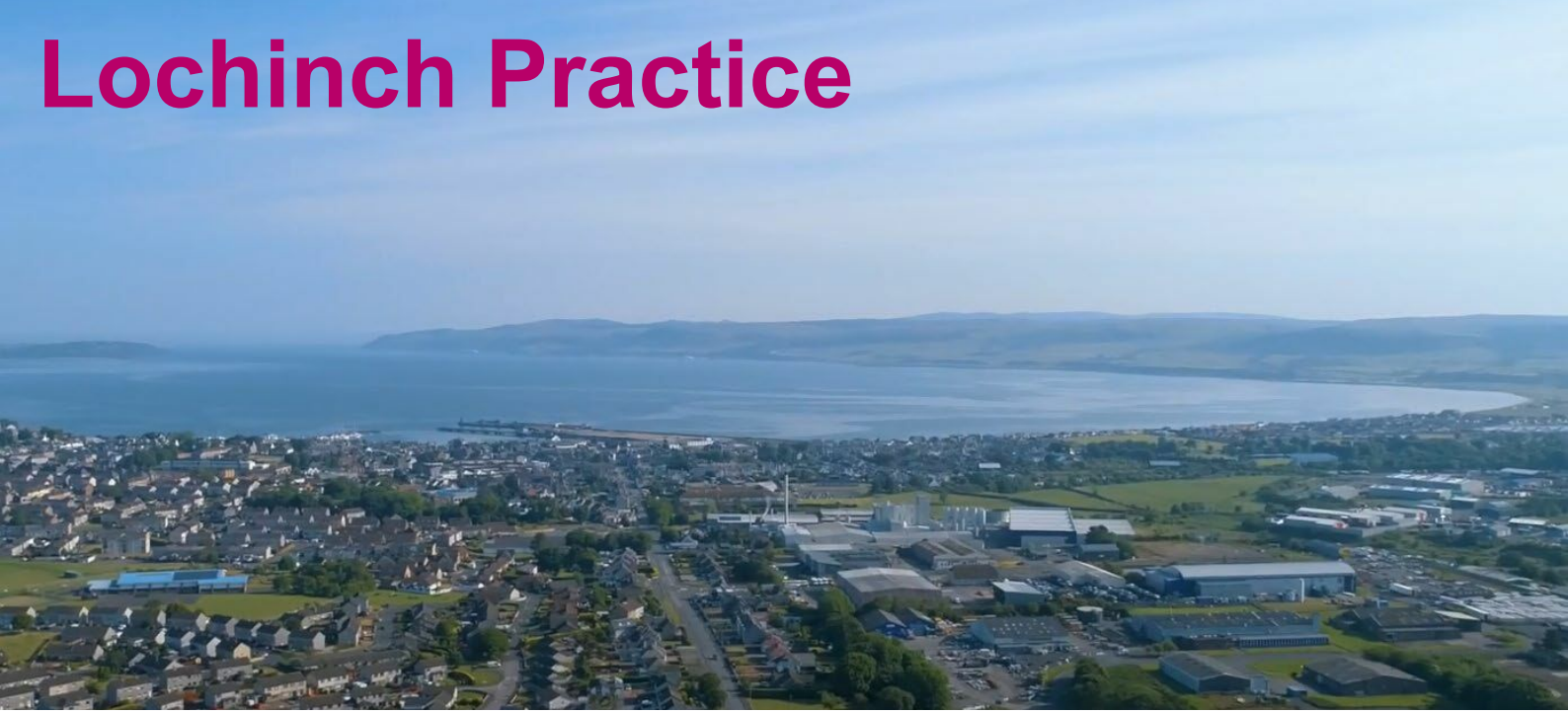
Sessions are negotiable, salaried with a view to partnership though we are happy to discuss options around this. We offer 6 weeks annual leave plus 1 week study leave per year. Indemnity fee is paid by the practice.

This role would suit a GP who enjoys the great outdoors and is ready to embrace the many benefits of country life.

Job Vacancies

GP (Session negotiable) - https://jobs.scot.nhs.uk/_Details.aspx?vacNo=451035

Lochinch Practice



1.6 WTE GPs 2 Advanced Nurse Practitioners 1 Practice Nurse 1 Health Care Assistant	1 Practice Manager 3 Receptionists 1 Secretary	Lochinch Practice, Waverley Medical Centre, Dalrymple Street, Stranraer DG9 7DW www.waverleymedicalcentre.org **List Size - 2,942**

Key Features

- Multi Disciplinary Team including Paramedic, Pharmacy Support and Mental Health Liaison Nurse in practice
- Modern, purpose-built Medical Centre
- Use of technologies such as NHS Near Me

Lochinch is one of the smallest practices in Stranraer. We feel this is a huge benefit for communication and support and the team have excellent working relationships not just within the team but with their neighbouring practices with in the Waverley medical Centre.

Our Admin team are trained to a high standard and work above and beyond. They have vast experience triaging appointments which ultimately protects the clinical staff. The team are always looking at ways to reduce the GP workload with initiatives such as processing acute prescriptions.

The multidisciplinary team has been in place since Dec 2018 so is well established within the practice and community. It has had a positive impact on patients and the service particular on our GP workload. More importantly having a diverse team has allowed us to be flexible to accommodate our staffs work life balance and we regularly enjoy social outings particularly for cocktails.

Job Vacancies

Salaried GP - https://apply.jobs.scot.nhs.uk/displayjob.aspx?jobid=32155

Lochnaw Practice

2 salaried and 3 locum GPs 2 Advanced Nurse Practitioners 1 Practice Nurse 1 Health Care Assistant	1 Practice Manager 1 Senior Practice Administrator 4 Administration Staff	Lochnaw Practice, Waverley Medical Centre, Dalrymple Street, Stranraer DG9 7DW www.waverleymedicalcentre.org **List Size - 4,700**

Key Features

- Use of paramedic practitioner
- Use of Mental Health Liaison Nurse
- Training Practice

We are located in a modern, purpose built medical centre with excellent facilities shared with two other practices. Situated in the small coastal town of Stranraer in scenic rural South West Scotland we have access to the city of Glasgow and have the shortest ferry crossing to Belfast.

We pride ourselves on providing high quality care for our patients. Over and above our GP team, we are fully supported by our highly skilled Advanced Nurse Practitioner, Triage Nurse, part-time clinical pharmacist and part-time community psychiatric nurse. We have a well established and long serving supportive administrative team as well as an excellent nursing team and well developed chronic disease management. We operate a Duty Doctor system to allow flexible working times. We have no Out of Hours responsibility but local opportunities exist.

We are involved in under graduate education and are RCGP accredited for Registrar training.

We are a sociable practice with good working relationships with the adjacent community hospital and staffed A&E Department.

Job Vacancies

Salaried GP - https://apply.jobs.scot.nhs.uk/displayjob.aspx?jobid=32163

Loch Ree Practice

1.5 WTE GPs 2 Advanced Nurse Practitioners 1 Practice Nurse 1 Advanced Practitioner	1 Practice Manager 1 Deputy Manager 3 Health Care Assistants 7 Administration Staff	Loch Ree Practice, Waverley Medical Centre, Dalrymple Street, Stranraer www.waverleymedicalcentre.org **List Size - 4,700**

Key Features

- Training Practice
- Wide MDT including, paramedic practitioner, GP Pharmacist with full compliment of shared Prescribing Support Team and Primary Care Mental Health Nurse
- Sign-posting

We are a friendly and supportive training practice located in the coastal town of Stranraer.

We promote a good work-life balance with flexible working hours that would suit you and your family. We encourage and support study leave and offer 6 weeks holiday and 8 public holiday's pro-rata.

We are a forward thinking practice that has implemented sign-posting and workflow optimisation into our daily activity and actively seek new ways to improve our working practise. This has included mentoring and training ANPs and paramedic practitioners who now form a vital role in the practice.

There are a variety of recreational and leisure activities on our doorstep which include golf, running, hill walking, fishing, sailing, coastal rowing and a modern leisure centre.

Job Vacancies

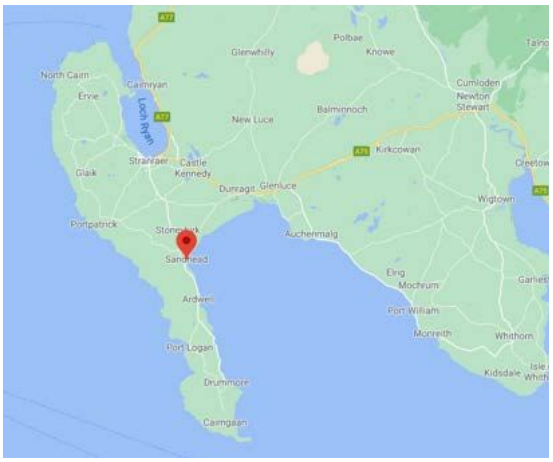
Salaried GP/GP Partner - https://gpjobs.scot/jobdetailpage/?id=611677

Sandhead Surgery

2 GPs 1 Advanced Nurse Practitioner 1 Phlebotomist 1 Dispenser	1 Practice Manager 1 Office Manager 3 Receptionists 1 Healthcare Assistant/Receptionist 3 Domestic Assistants	Sandhead Surgery, Piggery Road, Sandhead, Stranraer DG9 9DP 01776 830262 https://sandheadsurgery.gp.scot/ **List Size - 2,416**

Key Features

- Space to enjoy the outdoors
- Time to get to know your patients
- Solid Team



SANDHEAD Surgery has a reputation for good patient access and high patient satisfaction scores. BUT, what you need to know about us is....we love our work.

We live amongst our patients' and are fortunate to have a depth of understanding of their lives which has led to life-long respect and open therapeutic relationships. Our staff turnover is low to nonexistent; despite the challenges of eating our way through the bun and cake mountain...we receive from patients. We think we struggle through this is because; at Sandhead Surgery you are as likely to hear laughter as tears.

Situated on the Rhins of Galloway peninsular at Sandhead we blow off steam – with the help of our dogs, horses, sheep, paddle boards, cycling and shooting clays. For our more refined get togethers we stage our own unfilmable "Come Dine With Me", which unfortunately includes Slow Gin making/blind tasting competition – other drinks are available!

Job Vacancies

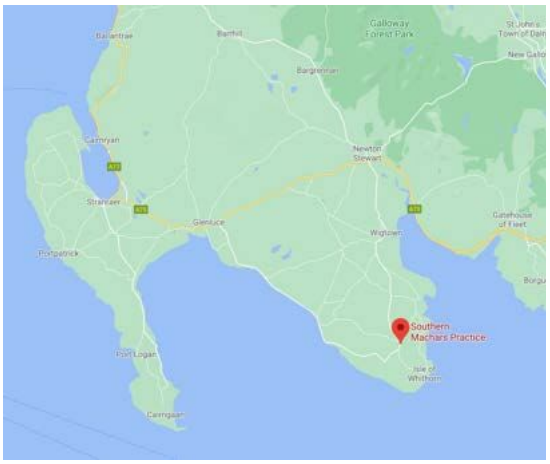
Salaried GP - https://gpjobs.scot/jobdetailpage/?id=609894

Southern Machars Practice

3 WTE GPs 1 Practice Nurse 1 Phlebotomist 1 Dispensing Assistant	1 Practice Manager 1 Assistant Practice Manager 5 Administration Staff	Whithorn Surgery, 3 St John Street, Whithorn DG8 8PS Port William Surgery - Mochrum Road, Port Wiliam **List Size - 3,105**

Key Features

- Use of paramedic practitioner
- Excellent link for Community Nursing
- Proactive and Enthusiastic Team



The practice area operates in the lower two thirds of the Machars Pennisula with 2 sites, Whithorn and Port William. The Machars is widely known for being a friendly community, having a warm welcoming nature and the area's tranquil beauty.

Despite its small size the area offers Scuba Diving and Sailing clubs run from the local harbours, a small community run Cinema and Theatre, the opportunity to volunteer for the local Independent lifeboat crew, as well as an abundance of beautifully positioned golf courses and Art and Craft groups to join.

GP's coming to work here would be looking for a particular lifestyle, they would enjoy the open countryside and wild empty beaches with very little traffic to hinder them.

Shopping is a 40 minute drive away but locals have 2 supermarkets delivering to the area and door to door delivery from local suppliers of fresh Meat, Fish and Groceries.

Job Vacancies

Salaried GP/GP Partner - https://gpjobs.scot/jobdetailpage/?id=623454

Out of Hours Service

1 WTE GP with additional cover provided by staff on a sessional basis.

Galloway Community Hospital,
Dalrymple Street,
Stranraer DG9 7DQ
www.dghscp.co.uk/out-of-hours-service/

Key Features

- Tier 2 Sponsored service
- We offer Hospital indemnity. The Out of hours Service is a hosted service within Nithsdale Locality in Community Health and Social Care giving us better flexibility.
- Minor surgeries/injuries

The Out of hours service for Dumfries and Galloway is based across two sites. Our Stranraer site is situated next to the A&E department of the Galloway Community Hospital that offers acute and emergency medicine.

Many of our GP's like a more portfolio career working within the hospital or day time practice. Some of the key benefits of the Out of Hours service being ran by the NHS Health board is the wealth of support we can tap into from clinical skills training, use of a state of the art skills lab in the purpose built Education Centre at the Dumfries site, Leadership courses and the opportunity to work under one employer with NHS indemnity.

We have an excellent support team in out of hours that help manage the workload and support our team of clinicians ensuring they can crack on and do the job they love.

Job Vacancies

GP Out of Hours/Primary Care - https://apply.jobs.scot.nhs.uk/displayjob.aspx?jobid=13184

Additional Opportunities

The below table outlines additional opportunities available to GPs at each practice. These would be negotiated on an individual basis with successful candidates as appropriate.

	Out of Hours	Galloway Hills Medical Group (3 Surgeries)	Locinch Practice	Lochnaw Practice	Loch Ree Practice	Sandhead Surgery	Southern Machars Practice (2 Surgeries)
Partnership Opportunities	N/A	✓	◆	◆	✓	✓	✓
Health Board Operated	✓		✓	✓			
Tier 2 Sponsorship Licence	✓		✓	✓			
Training Practice				✓	✓	◆	▲
Dispensing Practice		✓ (only 1 practice)				✓	✓
Minor Surgeries		✓			✓	✓	✓
Sexual Health Services (Implants)		✓	✓		✓	✓	
Additional Portfolio opportunities that the practice will support you undertaking							
GPWSI at Acute Hospital in region	✓	✓	✓	✓	✓	✓	✓
RCGP Rep	✓	✓	✓	✓	✓	✓	✓
GP Appraiser	✓	✓	✓	✓	✓	✓	✓
Teaching/mentor with GP programme	✓	✓	✓	✓	✓	✓	✓
Quality Lead *		✓	✓	✓	✓	✓	✓
Clinical Lead **		✓	✓	✓	✓	✓	
Training							
Leadership programmes	✓	✓	✓	✓	✓	✓	
Protected learning time	✓	✓	✓	✓	✓	✓	✓
Annual PLT event	✓	✓	✓	✓	✓	✓	✓
Support Packages available							
Relocation package of up to £8k (non-taxable)	✓	✓	✓	✓	✓	✓	✓
Golden Hello (taxable)	✓	✓	✓	✓	✓	✓	✓
Support with finding housing	✓	✓	✓	✓	✓	✓	✓
Working from home out of the region			✓	✓	✓	✓	

◆	Currently no Partnerships as Board ran but are willing to consider	*	There is usually one Quality Lead per Practice who engages with the Primary Development team to feedback to their practices the latest news and updates in the region
◆	Medical Students only		
▲	GP training to be Trainer so scope in the future	**	There is one Clinical Lead per locality that rotates frequently

Teaching & Mentoring Opportunities

D&G try to offer unique learning opportunities to students at all stages of the GP journey, because we believe strongly and passionately in teaching and inspiring our future workforce.

We recognise that by providing excellent teaching and support we will hopefully one day see our students again as colleagues.

If you too love inspiring others and want to be part of some of our unique teaching opportunities then I look forward to speaking to you on the day.

Fiona Graham, GP and DME for ScotGEM

ScotGEM
Scottish Graduate Entry Medicine

NHS SCOTLAND · University of St Andrews · University of Dundee · University of the Highlands and Islands Oilthigh na Gàidhealtachd agus nan Eilean

Click on the above images to find out more about ScotGEM, and what's it like to be a Mentor

ScotGEM is an innovative 4 year medical degree course aimed to develop person centred doctors who are trained to work in remote and rural areas of Scotland. Students spend their 1st year in St Andrew's learning medical science, their 2nd year following 'Lifecycle Blocks' across D&G and other partner boards and their 3rd Year in GP practices across Scotland. Final year will be largely Dundee based.

This approach to medical education sees students based in a GP practice for their 3rd Year (15 in D&G 20 - 21) with their learning supported by a practice GP tutor and a regional Generalist Clinical Mentor (GCM), also a GP, who is responsible for a group of around 5 students.

There is a strong ScotGEM team across primary and secondary care in D&G that is an integral part of the national team. We have colleagues from Orkney to Newton Stewart, academic support from two highly respected universities and motivated, mature, lovely students.

Whether you want to join our ever growing team as a GP tutor or Generalist Mentor (GMC) there are plenty of opportunities to be part of a bigger team across our region and Scotland.

Click on the SCOTGEM Stories logo to read about Dr Kan Hou's time as a student with us.

ScotGEM Stories

Rural Hospital Doctors

Galloway Community Hospital (GCH) based in Stranraer despite its name of a community hospital is in fact a small acute hospital with a 20 bed acute ward, 24 bed rehabilitation wards and a busy A&E department that sees over 15,000 visit a year.

We are however as the name implies a close community that has close working links with primary care partners and our Out of Hours Service. Whether you come and settle in the region as a day time GP or want to spend some time in A&E or join us as a Rural Hospital Doctor, the team at the hospital and I look forward to meeting you soon.

Natalie Adams, Nursing & Services Manager

Services

- 20 inpatient beds in the Acute Ward
- 24 beds in the Rehabilitation/Care of the Elderly Ward
- Accident and Emergency Department
- Day Case Surgical Theatre and recovery area
- a Midwifery Suite with 2 delivery beds
- Outpatient Clinic facilities
- Dental Surgery
- AHP Services
- Laboratory and X-ray Departments (including CT Scanner)
- a nurse led Renal Dialysis Unit.
- Palliative Care provision is provided in a 2 bedded Palliative Care Suite
- Chemotherapy is provided from within the hospital via a consultant led, nurse delivered Chemotherapy Service

The Post

This post is an excellent opportunity to develop acute care skills, supported by a motivated and highly-skilled multi-disciplinary team.

The purpose of this role is to work with visiting consultants, permanent nursing staff and AHPs in providing the hospital with medical staff appropriately skilled to deal with a wide range of medical work encountered.

In doing so you will assist in providing second tier of medical expertise in Wigtownshire for its population (30,000). This may involve airway management and transfer of critically ill patients.

Read more about the role.

Why Choose the West of Scotland?

Mull of Galloway

There are so many reasons to choose Dumfries & Galloway, with great transport links, beautiful scenery and an incredible work-life balance, there is something for everyone.

Transport
As you can see, we have great transport links to the rest of the UK, including an excellent ferry service from Cairnryan to Belfast multiple times per day. You can find more information on ferry timetables here.

Visit Scotland
As well as having links to other parts of the UK, we also have plenty happening within Dumfries & Galloway. Check out Visit Scotland to see activities, places to stay and reviews of our region.

Find Out More

Click on the image to view our new **Work, Live, Play digital brochure**. Here you'll find more information about our Health Board facilities, housing, education and our region as a whole.

Event Booking

REGISTER YOUR INTEREST

1 To register your interest you will need to send us a copy of your CV and email to **dg.jobs@nhs.net**

CONFIRMATION OF BOOKING

2 The team will send you a confirmation email as receipt of your application

UNDERSTANDING YOU

3 The team will send you a further questionnaire to help plan a more bespoke one to one on the event day.

WELCOME FROM OUR COMMUNITY

4 prior to the event you will be sent a small welcome from our community for sharing your interest and reminder of the event

THE EVENT

5 See the event day agenda for more information.

POST EVENT FEEDBACK

6 The team will seek feedback on the event and discuss the next steps

FORMAL INTERVIEW*

7 Those wishing to proceed will undergo one formal interview to determine that the GP have the correct competencies values to work as a GP in D&G.
*Virtual or face to face COVID dependant

SELECTION

8 Successful candidates will then be able to select the practice they wish to work at and at this stage will be invited to visit the region in person. The cost of one night stay over will be covered in their relocation package.

Welcome

As the region's Associate Medical Director for Primary Care and Deputy Medical Director for NHS Dumfries & Galloway, I am delighted that you have read this far and are considering joining us at our Virtual information and recruitment day.

Having moved to the area myself, I know what a daunting step this can be, however I can say it was one of the best moves for so many reasons from career development and the opportunity to work closely with Scottish Government, to driving to work in one of the most beautiful parts of the world. Mainly though it was for the people and the teams.

No-one though can sell you this unless you come and meet them for yourself.

Hope to see you on November 21st.

Warmest regards,
Grecy Bell

Eligibility for Application

The information and recruitment event is aimed at GP's who have:

- Completed their CCT in the UK.
- Completed their CEGPR and are looking to enrol on an induction and refresher programme to gain access to the GP Speciality register and Performers list.

Candidates who have not completed their CEGPR but are currently working in Acute medicine will not be selected to attend the event however the Primary Care Development Team will be willing to discuss local support arrangements for individuals to gain evidence depending on the outcomes outstanding with a view to progressing to the induction programme and full registration. Please email your CV and details of outstanding evidence to **Victoria.McDade@nhs.scot**

Agenda

10.30am - Welcome

Introduction from the Primary Care Development Team.

10.45am - Our Region

A short video from our GPs about their experience of working in Dumfries and Galloway.

11am - Peer-to-Peer Discussions

A chance to live video chat with a few of our GPs who have different experiences of coming to work and live in the area.

12pm - Tour of our Practices

A video tour of our GP practices highlighting the facilities at each of the locations.

12.10pm - Q&A

An opportunity to ask any questions. Additionally, depending on interest, we can also offer you and your spouse/partner the opportunity for an informal chat with our GP spouses/partners.

12.15pm - One-to-One Discussions

A video tour of our GP practices highlighting the facilities at each of the locations.

12.30pm - Close

Throughout this brochure, we have embedded a number of hyperlinks to direct you to further information. We are conscious that some online systems may remove these links, and as such, have provided a full list of each external source below:

Page	Item	Link
3	Galloway Hills Medical Practice on Google Maps	https://www.google.com/maps/place/Galloway+Hills+medical+centre+Creebridge/@54.8851822,-4.6746708,10z/data=!4m5!3m4!1s0x48625be63c-fe52c5:0xe08ceb163a2aad80!8m2!3d54.9595997!4d-4.4804878
4, 5, 6	Lochinch Practice, Lochnaw Practice and Loch Ree Practice based at Waverley Medical Centreon Google Maps	https://www.google.com/maps/place/Waverley+Medical+Centre/@54.8990864,-5.0241641,17z/data=!4m12!1m6!3m5!1s0x-48623a357f1f9f77:0x316d6c468774f1b0!2sGalloway+Community+Hospital!8m2!3d54.8990864!4d-5.0219754!3m4!1s0x48623a4a9d14eddd:0xf48a3975e1f97081!8m2!3d54.89976!4d-5.0221802
7	Sandhead Surgery on Google Maps	https://www.google.com/maps/place/Sandhead+Surgery/@54.8104127,-4.9645533,17z/data=!4m5!3m4!1s0x486236d754c9e-33b:0x61651c1cb91940c1!8m2!3d54.8104096!4d-4.9623646
8	Southern Machars Practice on Google Maps	https://www.google.com/maps/place/Galloway+Community+Hospital/@54.8990864,-5.0241641,17z/data=!3m1!4b1!4m5!3m4!1s0x-48623a357f1f9f77:0x316d6c468774f1b0!8m2!3d54.8990864!4d-5.0219754
9	Galloway Community Hospital on Google Maps	https://www.google.com/maps/place/Galloway+Community+Hospital/@54.8990864,-5.0241641,17z/data=!3m1!4b1!4m5!3m4!1s0x-48623a357f1f9f77:0x316d6c468774f1b0!8m2!3d54.8990864!4d-5.0219754
11	ScotGEM Information	https://www.st-andrews.ac.uk/subjects/medicine/scotgem-mbchb/#30455 https://scotgem.wp.st-andrews.ac.uk/2020/08/25/what-is-it-like-to-be-a-rural-doctor/
	ScotGEM Stories	https://scotgem.wp.st-andrews.ac.uk/2020/07/22/finding-my-feet/
12	Rural Hospital Doctor vacancy	https://apply.jobs.scot.nhs.uk/displayjob.aspx?jobid=36037
	Stena Line Ferry Timetable	https://www.stenaline.co.uk/routes/cairnryan-belfast
	Dumfries & Galloway section of Visit Scotland's website	https://www.visitscotland.com/destinations-maps/dumfries-galloway/
13	NHS Dumfries & Galloway Work, Live, Play Digital Brochure	https://indd.adobe.com/view/2fb5c931-56df-421b-bd67-d1e8a8377ec8

Thank you to GP Practices and Scarlett Visuals for providing images used throughout this brochure.

Thank you for your interest
in Dumfries & Galloway,
we look forward to
meeting you virtually on
Saturday 21st November 2020

dg.jobs@nhs.scot